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Summer 2019

## **Stonehill Alumni Magazine Summer/Fall 2019**

Stonehill College Office of Communications and Media Relations

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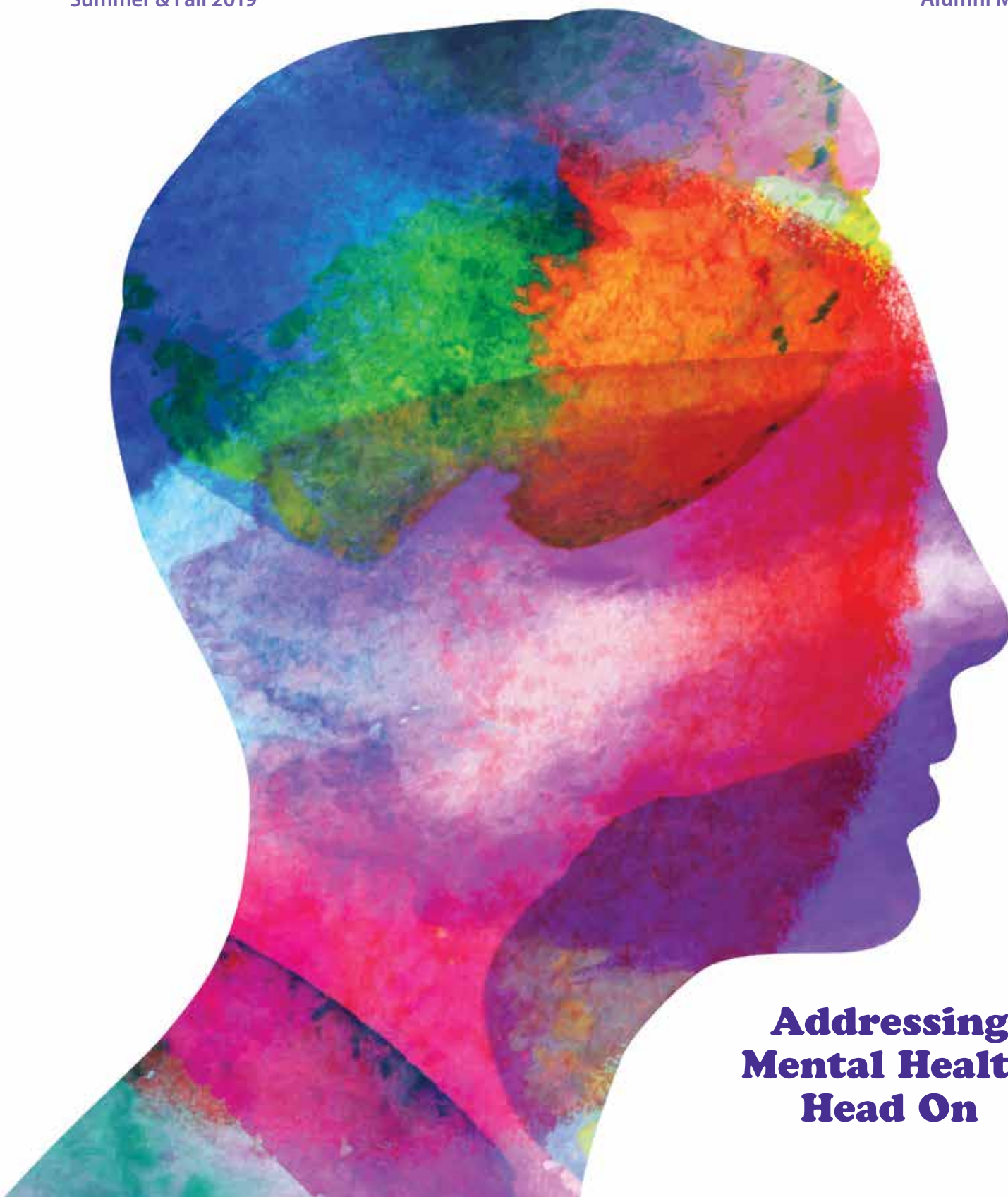
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# Stonehill

Summer & Fall 2019

Alumni Magazine



**Addressing  
Mental Health  
Head On**



# Summer & Fall 2019

## FEATURES

### 12 Addressing Mental Health Head On

Established by two alumni, the Wellness Initiatives Fund provides further opportunity for mental health programming on campus.

BY MAURA KING SCULLY

### 16 Must Love Dogs

From veterinary care and grooming to dog walking and canine therapy, seven alumni share how they work with man's best friend.

BY LAUREN DALEY '05

### 22 A Pleasure Doing Business

Enhancing Stonehill's strong business programs and further energizing the main quad, the new Leo J. Meehan School of Business building is open and ready for business.

BY MARTIN MCGOVERN

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COVER ILLUSTRATION: smartboy10/  
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PHOTO THIS PAGE: Peter Duffin



**A PLACE FOR BUSINESS** The Leo J. Meehan School of Business building, located on the quad, opened in August. "It is a modern and professional environment for classes and offers so many opportunities and advantages," said Daniela Moran '20, an international business major, on the first day of classes.





### Power of an Intelligent Heart

IN HER COMMENCEMENT REMARKS, class president Rebecca Merkel '19 spoke about the mental health challenges facing students today. Addressing such a sensitive topic at a time of celebration is no easy undertaking. Rebecca did so with poise and purpose as she and class vice president Michael Everett '19 prepared to present their class gift.

"We chose to contribute to the Wellness Initiatives Fund (WIF) because it is the right and compassionate thing to do. And we also believe it will lead to the creation of a more just and compassionate world," Rebecca said.

Adding action to these words, Rebecca and Michael raised \$5,260 from their peers in support of WIF. They also secured an additional \$5,000 from Robin McQueen-Lynch '80, who with Robert Flynn '87, had generously established WIF as a way of improving our wellness programs.

A Stonehill education promises the power of an intelligent heart—something Rebecca, Michael, Robin and Robert all share. As you'll read in "Addressing Mental Health Head On" [p. 12], they collaborate, think clearly, act courageously and lead with compassion in helping us find ways to address mental health and wellness issues on campus.

In this issue, we also meet seven alumni who have found great satisfaction in caring for dogs, providing day care or medical care, canine therapy or grooming [p. 16]. Most of these alumni credit Stonehill faculty for sparking their interest in pet care. "A Beautiful Blessing" [p. 4] highlights our popular retreat program, which gives students the chance to ask big life questions and to connect with their faith.

In "Made Men" [p. 41], Stephen Burke '80 reflects on the lifelong friendships he formed in Nantucket House his junior year through the randomness of housing assignments. We also report on the opening of the Leo J. Meehan School of Business building where our students are obtaining the kind of experiences that are more often available in graduate-level business programs [p. 22]. Many thanks to Trustee Leo Meehan '75 for his drive and energy in helping us transform an idea into a reality.

I hope these stories remind us of how we can bring light and hope into our world, helping and serving each other. As always, I welcome your voice, engagement and support of the College.

Sincerely in Holy Cross,

Rev. John Denning, C.S.C.  
President

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### Renewed Faith in Humankind

AFTER READING "Searching for More Good" by Lauren Daley '05 [p. 12], I remained in awe. What Mary Latham '09 is doing is beyond amazing. To have that level of optimism and desire to turn "hurt into happy" not only inspires me, but also gives me a renewed faith in humankind. Ms. Latham has inspired me to get outside of myself at least on a daily basis going forward.

What was most poignant to me was the reference to Sandy Hook. As you know, this tragic event took place on December 14, 2012. It is forever etched in my memory not only because of its heinous nature, but also because I remember watching it unfold on the news as we decorated for my own daughter's 4th birthday at the time.

I remember feeling a paralyzing fear that this could ever happen—let alone right down the road.

I also felt warmth as Ms. Latham called out her group of girls and the impact they had upon her. That is a gift that Stonehill has always, and continues, to give. Through my life's treasures and tragedies, my friends from Stonehill have been by my side—it is ingrained in you from the moment you step on campus. Thank you for this article. At the risk of being hyperbolic, I will state it was life-changing for me. Robert Pirri '88 | Bristol, RI

### Listen Quietly

Once, again, another interesting issue of the Stonehill magazine. I was particularly struck by the poignant photo of my friend, Joseph Bettencourt '58, kneeling in prayer ["Alumni Day," p. 28].

I'm old enough now to know we are probably better off if we periodically bow our head and just listen quietly. If Stonehill is unique, I think that is a part of its gift. It's a courageous photo, which now graces our home. It called me to attention, and I can only imagine that many other readers were also moved.

James Michael Duane '68 | Cambridge, MA

### Remembering Professors

I was moved by the news of the passing of Professors Robert Goulet and Peter Beisheim [p. 40]. I had both professors and have great memories of these two good teachers. Prof. Goulet introduced me to the Christmas classic, *It's a Wonderful Life*, and to *Twelve Angry Men*. Prof. Beisheim educated me in a course on Death and Dying, which has been very useful for me in my work today. I appreciate that SAM reports and informs alumni about such matters.

Joseph Tucker '87 | Bronx, NY

### Playing Field

The photo on the back cover of Stonehill's early baseball field [left] has special meaning to me because I played intramural and pick-up soccer and softball on the quad. Students would sit outside Quincy and Rehoboth houses cheering and watching the competition. It's sad to see that aspect gone now with all the changes, but the students today have so many more great facilities and can make their own memories.

Joseph Knipper '75 | Jackson, NJ



CORRECTION In the last issue of SAM, the article, "Thirty Years Later...Still Unsolved" [p. 18], was written by Tracey Palmer. We regret that we misspelled Tracey's name.





CONNECTING TO FAITH Robyn D Ambrosio '21 [at left, above] and Emily Casey '19 at the Fall 2018 Christ Encounters Retreat. Retreat team leaders [top right] and participants [bottom right] at the Spring 2019 Christ Encounters Retreat.



## A Beautiful Blessing

RETREATS give students a chance to ask the big questions and connect with their faith.

Emily Casey '19 knows retreats. While at Stonehill, she attended the Christ Encounters Retreat six times as well as the Intercollegiate and the Senior Retreats and served as a team leader, coordinator and master of ceremonies. So you can take her word for it when she calls retreats the “hidden gem” of the Stonehill experience.

“When I first started at Stonehill, I wasn’t as connected to my Catholic faith. I was involved in the religion growing up, but that was through my parents’ decision,” says Casey. “When I became involved with retreats, my faith and religion really became my own.”

Encountering, learning about and growing in one’s own faith are the touchstones of the College’s retreat program. “Our retreat offerings give

students time away to reflect, ask ‘how am I doing?’ and think about their relationship with Jesus,” says Campus Minister Rev. Matthew Fase, C.S.C., who plans the six retreats—ranging from the First Year Leap of Faith and the Senior Retreat to two Christ Encounters as well as an Interfaith Women’s Retreat and a Men’s Pilgrimage—that are offered each year to students of all faiths.

### Shared Experience

Most of the retreats are held off campus, designed to give students the space that they may need to both disconnect and reconnect. Casey says the time away is “healing and refreshing from the normal day-to-day routines we get stuck in at college.”

The retreat team, led by students, gives talks on a wide variety of topics, including values, knowing yourself, God’s friendship and reconciliation, and then they facilitate conversations.

“When students see their peers sharing their experiences and leading small group discussions, they relate to

one another in a much deeper sense,” says Fr. Fase. “Maybe they have heard the message about Jesus before from adults, but hearing about it from a peer speaks to a different level.”

None of the retreats are mandatory, but Fr. Fase notes that retreatants

“When I became involved with retreats, my faith and religion really became my own.”—Emily Casey '19

often look at the experience as a gift. “I can see a student start asking the right questions about faith, about God, about who they want to be, and they are excited to pursue the answers. It’s a beautiful blessing to be in the midst of that experience,” he says.

When Fr. Fase met with students when he was first assigned this position over a year ago, he heard them express how important it is to ensure that the retreat experience is inclusive to

all faiths. “This openness reflects a desire to invite all students into the transformative experience of our retreats,” he says. It also allows the retreat team to meet each student where they are on their faith journey.

### Day Four

“One awesome thing about a retreat is what we call the fourth day. The retreat itself is only three days, but the fourth day is every day after it. Retreatants keep the lessons, knowledge and love from a retreat and continue to use it every day after. That way, a retreat bleeds and extends into Stonehill’s larger community,” says Wilson Capone '21, who has been a team leader and was the retreat coordinator for this year’s First Year Leap of Faith Retreat.

“A retreat is a little different from other college experiences. You certainly don’t need it to graduate. You don’t need it to be a good student. You don’t need it to have friends at college,” Capone says. “But a retreat is always there for those who need it. Every single person who comes on a retreat was called by God to attend and experience His love.”

### The Steward of Retreats

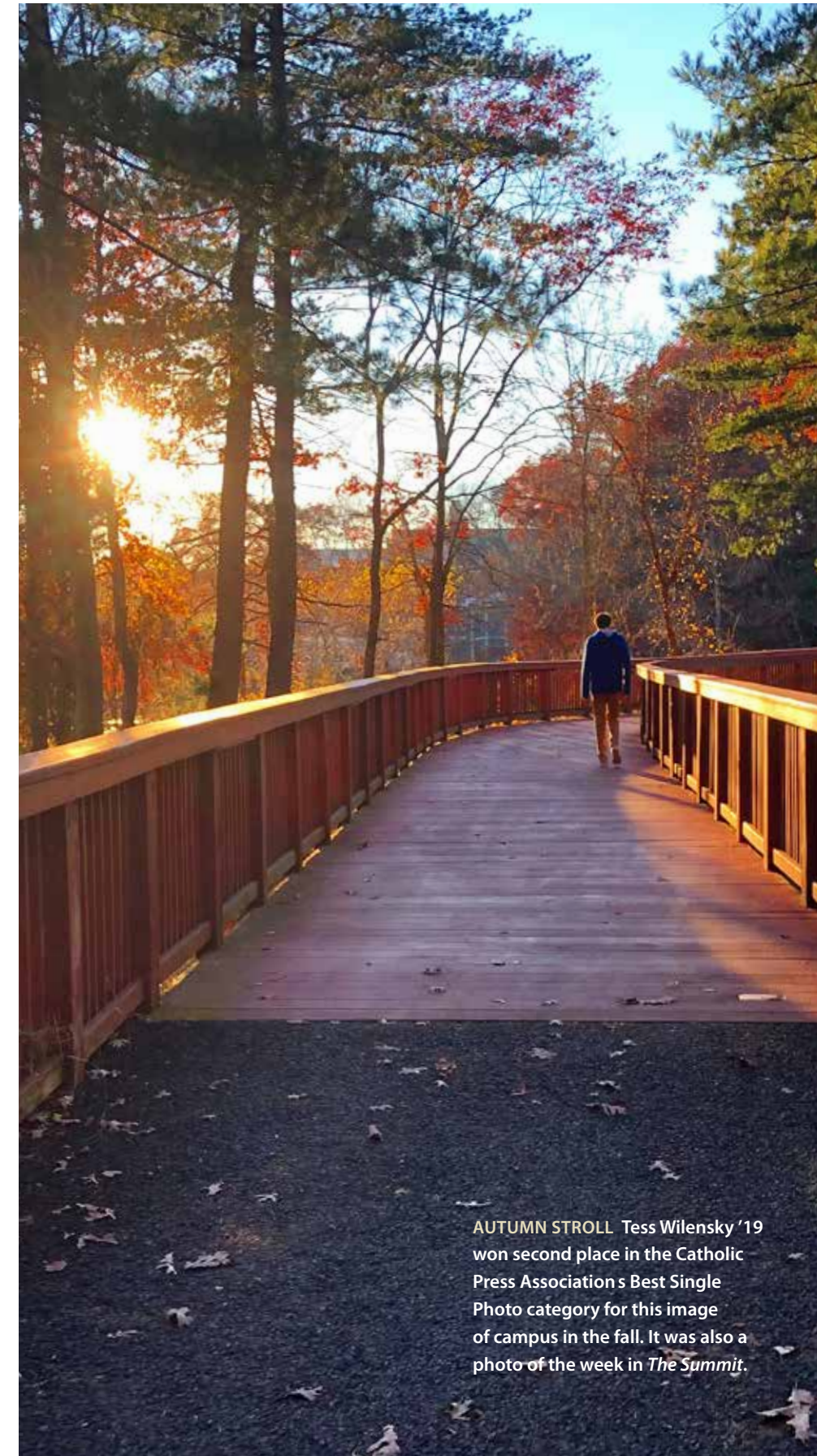


MANY ALUMNI will remember Rev. Thomas Halkovic, C.S.C.—also lovingly known as Halky or FT—as the steward of the Stonehill retreat program. He was

famous for his spaghetti dinners and spinach artichoke dip as well as for giving the closing reflection, where year-after-year he would tell retreatants about the play, “The Starlight Express,” and then sing “The Rose.”

After Fr. Halkovic’s passing in 2017, Casey says, the leadership team began saying a prayer at “FT’s” grave in the Holy Cross Cemetery on campus before leaving for the retreat center as a way to honor and thank him for all the work he did.

Fr. Fase, who is in his second year as the campus minister for retreats, says he has big shoes to try fill. “Fr. Halkovic was the lifeblood of retreats. It was beautiful how he would bring students into the retreat experience.”



AUTUMN STROLL Tess Wilensky '19 won second place in the Catholic Press Association’s Best Single Photo category for this image of campus in the fall. It was also a photo of the week in *The Summit*.



**David Wordell '89**

Chief of Police  
Years at Stonehill: 4

**Rochelle Ryan '18**

Lieutenant: Patrol and Investigative Services  
Years at Stonehill: 17.4

**Keeping campus safe is:** [Chief Wordell] Much more involved than most people think. We have very low crime here, but it takes work to keep it that way. Our department has relationships with Easton Police, the State Police, the FBI and others to keep abreast of new trends and concerns. On campus, we work with many departments and are always looking for ways to engage with the community. Our officers attend trainings on and off campus, so they can do their job better.

**Most challenging and rewarding parts of my job:** [Lt. Ryan] The definition of a challenge to me is an opportunity to improve a situation. There is always room for improvement. And I enjoy most working with my co-workers.

**Best lesson I learned as a student here:** [Chief Wordell] Pay attention to the advice your professors give you. I remember Professor Fred Petti saying at freshman orientation that criminal justice majors who plan on becoming police officers should know Spanish fluently before we graduate. I only took two years of Spanish and never became as fluent as I needed. There were so many times in my career with the State Police that I wish I had known Spanish. Fred Petti's words would come back to me at those moments.

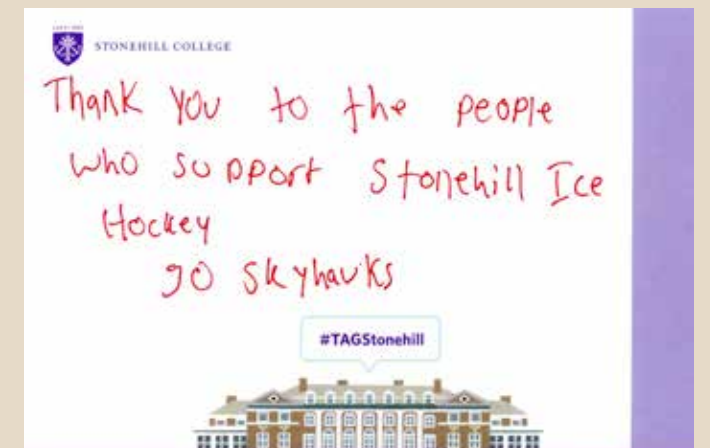
**Favorite Stonehill memory:** [Chief Wordell] I have so many, but being a student worker for former Women's Basketball Coach Paula Sullivan is at the top. She was the nicest person, very trusting and always happy. [Lt. Ryan] Graduating in 2018!

**Words of wisdom I live by:** [Lt. Ryan] Do not allow life's curve balls to define the outcome of your future.

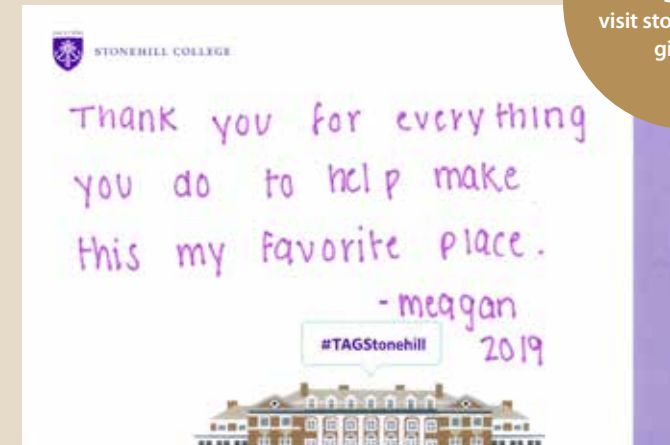


**With Gratitude**

THERE'S NOTHING LIKE a handwritten thank you note. Last spring during TAG—or Thank A Giver—Week, students learned about how donors impact their Stonehill experience and had the opportunity to express their gratitude on these postcards. More than 175 cards were mailed to a variety of donors.



For more on giving, visit [stonehill.edu/giving](http://stonehill.edu/giving).





# Heard on the Hill

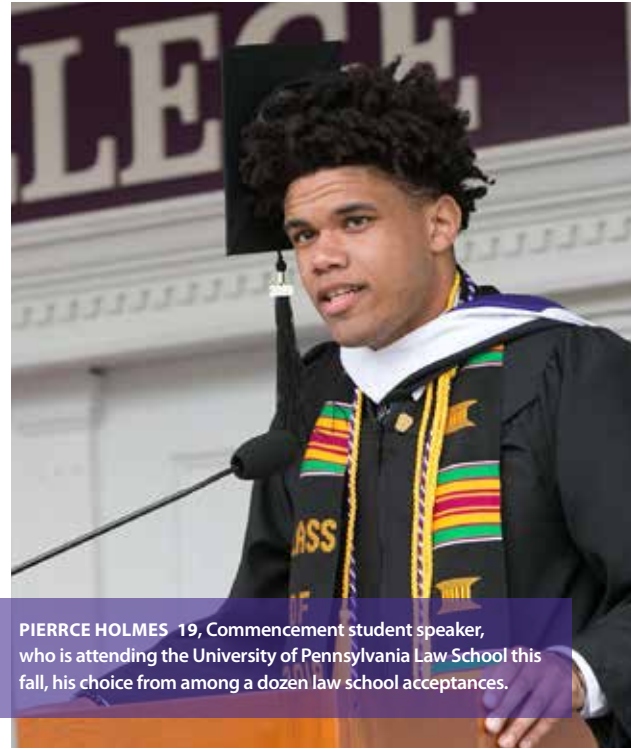
**GRADUATES TODAY** "We encompass so many different groups of people as individuals. We are first-generation college students; we are foreign students; we are working or commuter students; we are minority students; we are LGBTQ students; we are athletes, dancers, singers, actors, artists, scientists, business folks, religious students, students with disabilities, and everything in between. But today, we all identify as one thing, college graduates."

**Honoring Dylan**  
Associate English Professor Matthew Borushko delivered a paper at The World of Bob Dylan Symposium, the first international conference hosted by the Institute for Bob Dylan Studies at the University of Tulsa, where Dylan's archive is housed.



**Seventies Scene**  
In truth, as we sat in our dorm, Carole King's "Tapestry" playing on the stereo, we were Girls. Talking about Boys. In a darkened room illuminated by candles. Candles held in place by the necks of Mateus bottles. —Susan Pawlak-Seaman '74, waxing nostalgic about her Stonehill days in *The Standard-Times*.

**Strong Minds, Stronger Hearts**  
Heard around campus and seen in our Admission publications, these are the words that sum up what a Stonehill education aims to achieve.



**PIERRE HOLMES '19**, Commencement student speaker, who is attending the University of Pennsylvania Law School this fall, his choice from among a dozen law school acceptances.

**Sounds of Kindness**  
The Stonehill chapter of Ben's Bells hung these colorful bells around campus to remind the community to practice kindness, which is part of the organization's purpose to teach people about the positive impacts of intentional kindness.



**WSHL Alumni Takeover**  
Missing your college days in radio? On February 8-9, WSHL will host an Alumni Takeover, an opportunity for WSHL alumni to get back in the studio and on the air. To sign up, email [wshl-fm@stonehill.edu](mailto:wshl-fm@stonehill.edu).



**Wash and Dry**  
Students no longer need to lug their dirty clothes to the laundry room only to find all the machines in use. LaundryView, an app that connects to all washers and dryers on campus, enables students to see what machines are open and available in each residence hall.

# The Long Run with Alex Demeule '19

**IT WAS THE MOTHER'S DAY FUN RUN** in Melrose, May 2001, when Alex Demeule '19, only 4 at the time, ran his first race. He doesn't remember much of it, but his mother tells him that he won.

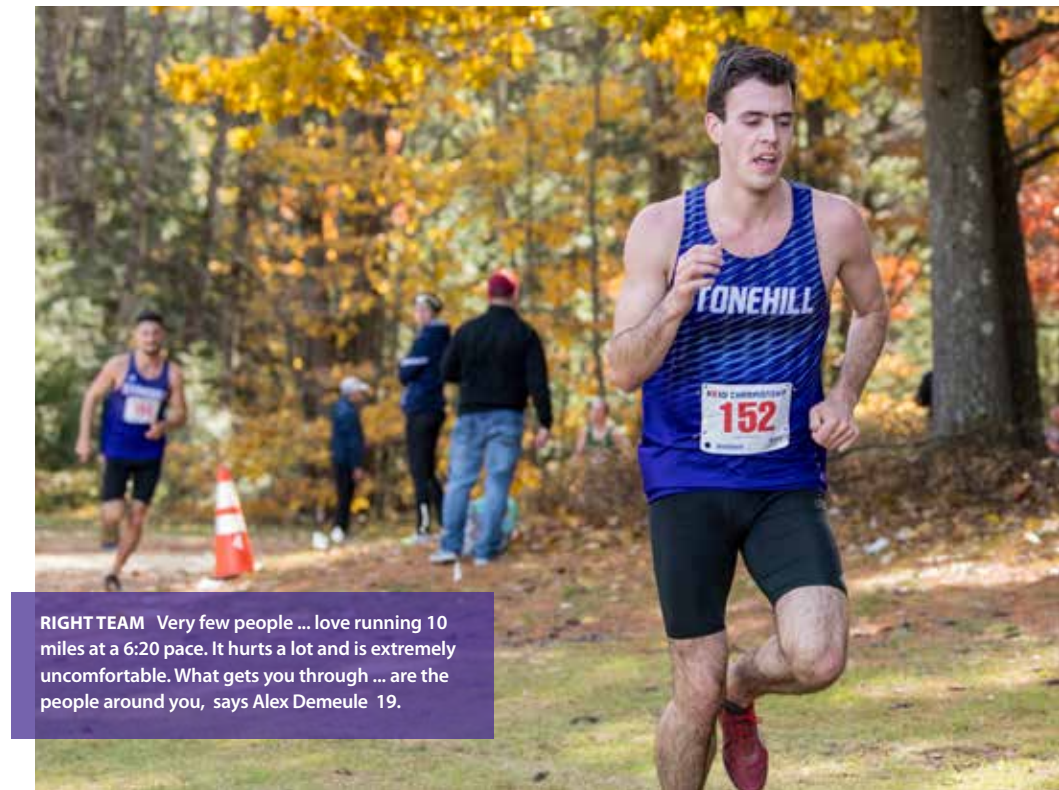
Demeule has been running—and winning—ever since. In his senior year alone, the three-sport athlete—cross country and indoor and outdoor track and field—received Stonehill's Edward E. Martin Male Senior Scholar-Athlete Award, the St. Thomas Aquinas Medal for having the highest cumulative grade point average in his respective sports and the Northeast-10 Scholar-Athlete Sport Excellence Award for cross country. All of these accolades culminated in, perhaps, Demeule's highest honor, being named the 2019 Northeast-10 Conference Man of the Year, which recognizes student-athletes who excel in all areas of their collegiate careers—academically, athletically and in the community.

"I was so proud to see Alex receive the NE-10 Man of the Year Award," says coach Karen Boen. "When I think of this award, and I think of Alex, it just made sense, as the award takes into account the total person. Alex has proved beyond a doubt that he is an exceptional athlete, excels academically and is a true leader who cares deeply about his community."

The finance major—who, by the way, was named the Finance Department's Student of the Year—now works as an investment research analyst at CIFIC Asset Management in New York City. He shares with SAM the things that make him run—both literally and metaphorically.

**One thing you did to prepare for a meet?** My teammates always said it never seemed like I was prepared to race. This was intentional. I found early on that if I focused on the race, I would get worked up. That can be beneficial for many sports, but for distance running it can drain your energy. For this reason, I would keep myself relaxed during the days leading up to a meet, but with 15 minutes to go, I would get locked in.  
**One thing you did to prepare for life after college?** I made an extensive personal budget spreadsheet. I know what compound interest can do, so I am looking to save and invest the money I make as soon as possible. To do this, I am very aware of how much I am spending.  
**One thing you did to prepare for your job interviews?** A lot of reading. I made sure I was up to date on economic and market developments so that I could comment on them.  
**One thing you did to give back?** I joined Students for Environmental Action, raising money for the Conservation Fund. Now, I plan to be an involved alumnus so that I can be a resource to current finance students.

**One thing you do to stay motivated?** Find the right team. Even in cross country, very few people on the team love running 10 miles at a 6:20 pace. It hurts a lot and is extremely uncomfortable. What gets you through the worst runs are the people around you.  
**One thing you do to maintain your relationships?** Just like everything in life, maintaining relationships requires action. I have stayed close with my friends by reaching out to them. It's as simple as a text asking how a job interview or a date with someone new went.  
**One thing that athletics has taught you?** Coach Boen emphasized the idea that we must never judge ourselves from our best or worst day. If you are pushing yourself outside your comfort zone (which I believe you should), you will be faced with challenges and obstacles that won't be enjoyable to overcome. It happened with running, and I know it will happen in my career. Thanks to running, and to Coach Boen, I feel like I can cope with days like that much better. I trust in myself in the long run and that provides me with confidence on the day-to-day level.



**RIGHT TEAM** Very few people ... love running 10 miles at a 6:20 pace. It hurts a lot and is extremely uncomfortable. What gets you through ... are the people around you, says Alex Demeule '19.





## Environmental Biologist



THERE IS A SPOT on the campus nature trail where American beech trees align like a natural cathedral. Professor of Biology Susan Mooney '82 uses this awe-inspiring spot, along with the entire trail, to teach students about geology, biology, aesthetics and ethics. Whenever possible, Mooney, who recently completed her term as the Fr. Francis Hurley, C.S.C. Endowed Chair in Biology, connects the real world to the theoretical so that her students can promote change—particularly when it comes to campus sustainability efforts such as reducing water bottles and increasing food composting. Here, Mooney recalls drawing in class, cycling to campus and learning about geothermal heating.

**Lesson I learned as a student of Fr. Hurley's:** To pay attention to details and that drawing is a tool to help one do so. I remember Fr. Hurley drawing in colored chalk on the board as we drew in colored pencils in our notebooks.

**As the Fr. Hurley Chair, I was proud to:** Pay-it-forward whenever I could. During my senior year, Fr. Hurley went to bat for me with the College administration over credit for a winter course at the Marine Biological

Laboratory; since no one here had taken such a course before, the administration had rejected it. I honor him by trying to address administrative or funding barriers, so students can benefit from growth opportunities that fall outside of today's norms.

**My earliest interest in the environment was:** A love for animals. Connections with and concerns about non-human life led me to biology, which led me to ecology, which ultimately led me to environmental work.

**Sustainability on campus is about:** Providing a supportive setting for our students to learn how to create positive environmental change, from reusable green-to-go food containers to solar panels to organic farming for food justice. Our mission promises that our graduates will be prepared to create a more just and compassionate world, and campus sustainability projects help students develop the skills to do this. Here's where the justice comes in: Energy and materials are limited on our finite planet; the more we use, the less others have; when we use less and create less pollution, fewer others suffer, locally and globally.

**How long it takes me to cycle to campus:** Less than 15 minutes, down a few streets, through the Sheep Pasture, and onto campus. My cycling path overlaps some with Chet Raymo's walk, made famous in his book, *The Path*.

**If I weren't teaching, I would be:** Writing. I'm spending this academic year on sabbatical, traveling and working on a book about climate change. It will be a series of essays, each based on a different island, exploring elements of culture and nature with a view toward inspiring action to minimize the climate disruption we face.

**I recently learned:** How geothermal heating works, in detail. I installed geothermal HVAC in my house and have been enjoying the economic and ecological (no fossil fuel use) benefits of the system. But understanding how the system boosts the earth's temperature to heat my home took me a while to fully grasp.

## A Better Cup of Coffee

EACH WEEK, Benjamin Marcus, assistant professor of business administration, roasts a batch of coffee beans, setting the stage for his morning coffee-making routine. Marcus' effort toward a great cup at home mirrors his work with students on campus and his research with coffee producers around the globe.

The challenge to building a healthy coffee marketplace, according to Marcus—who focuses on supply chain management—starts with how we currently measure coffee quality.

"You can look at any coffee bean and see insect damage," says Marcus, who is a licensed Q grader, which is to coffee what a sommelier is to wine. "But in measuring the most positive attributes, things like complexity and sweetness, not only is there variance between individuals, but also those individuals aren't going to be perfectly reliable." That subjective process can leave producers stuck with tens of thousands of dollars of perfectly good coffee beans that importers aren't interested in purchasing.

The current paradigm harms the bottom line for farmers and in turn, the people they pay to plant, harvest and process their crops. Marcus believes it is those individuals—the ones closest to the coffee in the supply chain—who hold the key to a smarter, more effective system. This is why he is surveying them on the challenges they face in growing great beans, harvesting efficiently, meeting payroll and attracting workers.

"It's really hard to know what the real problems are without talking to the people who are experiencing them," says Marcus, who has traveled to Indonesia and Costa Rica for his research. "I need to talk to farmers, see their infrastructure and technology and hear about the issues they're facing."



If Marcus is able to identify the areas where producers need support to grow consistently better beans, he knows there is a good chance the companies that buy coffee will find innovative ways to help make that happen—coffee importers and distributors know that great beans are better for their bottom line. Those investments improve outcomes for everyone involved in producing a cup of coffee, especially the workers at the ground level.

"Most of us don't wake up in the morning, drink a coffee, and think, 'hey, there are humans who live and work in this supply chain,'" says Marcus. "I met those people—they drove me to connect to this work on a personal level and make coffee my focus as a researcher."

Marcus' hands-on approach to research is present in his business operations class, where his students are asked to start businesses, launch a product and sell it in the real world. He encourages students to mirror his personal interest in his work in their own lives. "Whatever they do in life, if they can start not by building a skill, but by finding the thing they're interested in, they'll succeed."

### Make coffee for two like Professor Marcus

1. Buy "green" coffee beans, air roast them for 8-12 minutes until their first crack, then store in a vacuum sealed container.
2. Fill an electric gooseneck kettle with filtered water, heating water to between 200-202°.
3. Coarsely grind 25 grams of roasted coffee beans in a Baratza conical burr grinder.
4. Place glass carafe on an electric scale with built-in timer.
5. Over sink, place a filter in Hario v60 pour-over brewer and wet filter using boiling water.
6. Place Hario v60 with filter on top of carafe, add beans to filter, reset scale and set timer to 3:00.
7. Start timer, pouring 50 grams of hot water over beans and letting them soak for about 30 seconds.
8. Slowly add hot water in 100 gram increments so that the timer expires as 400 grams of water has been poured over the coffee.
9. Pour into mugs and enjoy.





# Addressing Mental Health Head On

## New Wellness Initiatives Fund Fuels Grassroots Approaches to Student Health and Wellness

BY MAURA KING SCULLY

**D**uring the summer before her senior year, Catherine Klein '19 hit a metaphorical brick wall. A criminology and psychology double major and goalie on the varsity soccer team, Klein worked as a lab technician at a company near her home in Connecticut. That was on Mondays, Wednesdays and Fridays. On Tuesdays and Thursdays, she did an internship at a residential facility helping ex-offenders on parole. Each week night and on Saturdays, Klein devoted three to four hours to soccer training—agility, speed and goalkeeping.

"I sat down one day and felt completely overwhelmed," she recounts. "It was really hard."

Luckily, Klein also served on Stonehill's Student-Athlete Advisory Council (SAAC). When she returned to school in the fall, she recounted the experience at one of the first SAAC meetings. "That got us talking about how we could support student-athletes," Klein says. "Student-athletes face particular kinds of struggles—whether it's playing time, workouts or balancing school work with sports."

That conversation eventually led SAAC to bring a speaker to campus—Ivy Watts, a former NCAA Division II track star at the University of New Haven who struggled with anxiety and depression and now shares her story at colleges across the country. Watts came to Stonehill courtesy of a new resource: the Wellness Initiatives Fund. Launched in spring 2019 with the generous support of Robin McQueen-Lynch '80 and Robert Flynn '87, the Fund provides financial support to student wellness programs, training and events.

In just its first semester, the Fund has already made a difference. "We had 600 people at the Ivy Watts talk. It was phenomenal," says SAAC Chair James Varney '20. "We didn't expect that kind of turnout. Students were really receptive."

"It was amazing to see how many people followed Ivy on Instagram after her talk. I personally received emails and texts from people who told me how great the event was," adds Klein, who notes that the event was particularly timely given the tragic death of Marc Tarabocchia, a junior accounting major and member of the football team, by suicide in the fall, which left the close-knit student-athlete community and the campus, as a whole, reeling in the weeks after. "The Wellness Initiatives Fund made it possible for us to do this. It helped us send the message that we care, as a community. It was huge."

### A Growing Concern

McQueen-Lynch and Flynn were inspired to start the Wellness Initiatives Fund for different, but related, reasons. A parent of three college-aged students, McQueen-Lynch has become a passionate advocate for adolescent mental health. Flynn is a former student-athlete who previously owned a gym and now runs his own health and wellness coaching business.

**"I sat down one day  
and felt completely  
overwhelmed.  
It was really hard."**

*Catherine Klein '19*

"Robin reached out to us in spring 2018, looking to support mental health initiatives on campus," explains Vice President for Student Affairs Pauline Dobrowski. "Bob had reached out the year before because he was interested in supporting opportunities for physical fitness." The timing was perfect, she notes, because Student Affairs staff had been talking about ways to increase student involvement in health



## Health on the Hill

**THIS FALL, Stonehill students have a new way to draw on health and wellness resources: the “Health on the Hill” podcast.**

**“Last spring, the Peer Health Educators were talking about how hard it is to get students to attend programs and alternative ways they could get information out,” explains Jessica Greene, health and wellness coordinator. “One student, who works in the Digital Learning Lab, said, ‘Hey, we can create our own podcasts right here at Stonehill.’”**

**The inaugural season includes conversations with experts on campus, students, and some young alumni. Interested students will find “an interview with Director of Counseling Services Maria Kavanaugh on why someone would go to counseling services; another from a student who just graduated who wanted to share her story of anxiety and depression; another student, telling his story about struggling his first semester, thinking about transferring, and ultimately deciding to stay; alcohol and the brain; and marijuana and Juuling,” Greene explains.**

**“The podcasts are available on our website. And we notify students about new episodes each week on social media,” she says. “We want students to know that they’re not alone. It’s another way for us to let them know that whatever they’re feeling is normal and that we are here for them.”**



and wellness. “We want to provide resources and ongoing support to students so that they can seek help when needed, strengthen their coping mechanisms and maximize their capabilities to grow and flourish,” says Dobrowski.

Like colleges across the country, Stonehill is seeing an uptick in students arriving with mental health concerns—primarily anxiety and depression. Nationally, the Center for Collegiate Mental Health reports that campus counseling centers experienced a 30 to 40 percent increase in students seeking services over a five-year period, while student enrollment increased by only five percent.

And in late 2018, the World Health Organization’s World Mental Health International College Student Initiative released results from its most recent study: 35 percent of respondents (among 14,000 students in 19 colleges in eight countries) reported symptoms consistent with at least one mental health disorder. Experts debate the reasons behind these alarming statistics. While the causes are certainly many, varied and complex, most agree that technology and social media play a role. Research shows that the average teen spends six to eight hours each day online.

Well aware of these trends, Dobrowski had been brainstorming different ways to address them with Director of Counseling Services Maria Kavanaugh, Director of Health Services Maria Sullivan and Health and Wellness Coordinator Jessica Greene. “We decided what we really needed, in addition to our education and awareness initiatives, was a way to be nimble in our approach to responding to student concerns as they arise,” Dobrowski says. Connecting the dots after conversations with McQueen-Lynch and Flynn, “we proposed the idea of creating a fund that would help us bring discussions of health and wellness into the mainstream on campus.”

McQueen-Lynch and Flynn were all for the idea; each made a gift to get the Fund off the ground. “As member of the President’s Advisory Council, I see student health and wellness as being of the utmost importance to all colleges and universities,” says McQueen-Lynch. “To me, this new fund demonstrates Stonehill’s commitment.”

“What I love is that the Wellness Initiatives Fund is helping Stonehill to do things differently,” adds Flynn. “They’re doing more than talking about student health and wellness—they’re doing something about it.”

### A Fund is Born

The Fund’s details were ironed out late in the fall 2018 semester. After winter break, Dobrowski sent out an email to students, faculty and staff explaining the Wellness Initiatives Fund and how to apply. “I received proposals that very first week and was encouraged at how responsive people were,” she says.

In all, the Wellness Initiatives Fund paved the way for six new programs in the spring semester. In addition to Ivy Watts’

well-received talk, offerings included a Self-Care Fair, held just before finals in April. “We had multiple tables—one where we gave out notebooks for journaling and an essential oils table where people could make their own lotions for things like stress release and sleep,” explains Sophia Anderle ’20, one of the organizers. “Another offered healthy snacks made from affordable ingredients, like granola balls from oats and peanut butter. We also gave out kindness rocks—small rocks that have positive messages. The idea was to take a rock and leave it someplace on campus for someone else to pick up.”

A resident in the College’s Wellness Housing, Anderle estimates that 300 people visited the Self-Care Fair. “I think students really appreciated it. People were saying things, like ‘This is a great idea,’ and ‘This is really helpful,’” she says.

Another program was “You’re Not Alone: Living With Loss,” a joint offering of Counseling Services and Campus Ministry. “Sadly, we had a number of students who lost a parent last year,” explains Kavanaugh. “It can be isolating to go through the grieving process while you’re in college.” With Fund support, staff purchased copies of the book, *We Get It: Voices of Grieving College Students and Young Adults*, and started a support group, which met over the spring semester.

Outside of the grief support group, Kavanaugh says that she has heard a lot of positive buzz about the Wellness Initiatives Fund. “People who had wanted to do programming found that they could use this resource for funding and collaboration,” she explains. “A great example was the Mind Full Podcast event: The Intersection of Hip Hop and Mental Health.” The Intercultural Affairs office tapped into the Fund to bring this innovative event to campus, presented by What’s On Your Mind Inc., an organization committed to normalizing conversations around mental health in communities of color.

Then there was the Mental Health in Athletics Seminar, aimed at assisting Athletics staff in best serving and supporting the mental health of the 450-plus student-athletes at Stonehill. Lastly, resources from the Fund also helped Stonehill take the next step with the JED Foundation, a non-profit that seeks to strengthen emotional health among the nation’s teens and young adults.

In 2013, the College went through the process to become a JED certified campus. This year, Stonehill joined the foundation’s program called the JED Campus, which helps schools evaluate and strengthen mental health and wellness resources. “This past spring, JED consultants worked with our staff as we performed an environmental scan and conducted a student wellness survey,” says Dobrowski. “Once we have the results, the JED Foundation will work

with us to develop a comprehensive four-year strategic plan to address campus mental health.”

### From the Ground Up

Kavanaugh sees the Fund’s strength in its grassroots approach. “Student-driven initiatives are some of the most powerful,” she reflects. “The Wellness Initiatives Fund will help fuel those experiences. It’s allowing people to think differently about health and wellness. The popularity of the Fund is proof positive that people want to put this topic front and center.” The Office of Student Affairs has already received two funding requests for programs this fall.

Greene, too, is enthusiastic about the Fund and how it is promoting student health and wellness. “It’s a really important moment of culture shift and a reason for hope,”

**“It’s a really important moment of culture shift and a reason for hope... It’s given someplace for students to go who say, ‘I want to do something about this.’”** *Jessica Greene, health and wellness coordinator, about the new Fund.*

she says. “I feel like it’s sparked student activism on campus. It’s given someplace for students to go who say, ‘I want to do something about this. I want to put on this program.’” In fact, last year’s seniors earmarked their class gift for the Wellness Initiatives Fund. They raised an impressive \$5,260, which McQueen-Lynch offered to match.

“I’m thrilled with the response,” says McQueen-Lynch. “My hope is that the Fund grows and grows. I would love to see Stonehill set the bar for other colleges in Massachusetts.”

“I’m excited that we were able to get this program off the ground with these resources,” Flynn concludes. “We’ll continue to look at how the programs are doing and all the data to measure success. We’re still in the first inning with this.”

To Sophia Anderle—beyond the data—alumni support of the Wellness Initiatives Fund sends both an encouraging and invaluable message. “To me, it says that alumni care about students,” she says. “It says that they understand. They’ve been in our shoes.”



**MUST LOVE DOGS**

**MEET SEVEN ALUMNI WORKING WITH MAN'S BEST FRIEND**

BY LAUREN DALEY '05

**F**rom doggy day care to medical care, canine therapy to stylish grooming, Stonehill has quite a few dog-loving alumni working with man's best friend. We caught up with seven to hear their tails—er, tales.



PHOTOS THIS SPREAD BY NICKI PABDO

**THE "DOG"TER IS IN**

TRACIE LALIBERTE '96 fell in love with the world of dog shows at age 9 when her teacher—who raised and showed Golden Retrievers, Doberman Pinschers and Lhasa Apsos—invited her to attend a show. Laliberte got to show one of the puppies. She was hooked.

Between assisting her teacher at shows and grooming dogs at her family's kennel, Laliberte was eventually named Westminster Kennel Club Best Junior Handler of the Year in 1983—and she still shows dogs today.

The communication major groomed dogs while attending evening classes at Stonehill. "The minute the kennel doors would close, I'd hop in my car and dash off to class," she says. "I'd calculate the number of poodles I'd have to groom in order to pay for my textbooks and tuition each semester. What's more, I worked about 70-plus hours a week, so it wasn't unusual for me to have my textbooks open on the grooming table or for tufts of dog hair to waft to the floor in class when I opened my books!"

**"...humans have feelings of profound awe through their relationships with dogs..."**

—TRACIE LALIBERTE '96

After Stonehill, Laliberte continued grooming while earning her master's degree from Salve Regina University. She recently received her Ph.D. in the humanities with her dissertation, "Digging the Dog: Anthropology and Archeology in Human-Canine Relationships and Encounters with the Sacred."

"My dissertation is about how humans have feelings of profound awe through their relationships with dogs. I use archeology and anthropology to look at where relationships with dogs provide openings for people to experience the sacred," she says.

"Stonehill is at the foundation of everything. I wrote a research proposal for Professor Richard Shankar that sparked an interest in animal studies. Rabbi Ben [Lefkowitz] taught me how to find the sacred in the profane," says Laliberte, who owns Cavalier King Charles Spaniels.

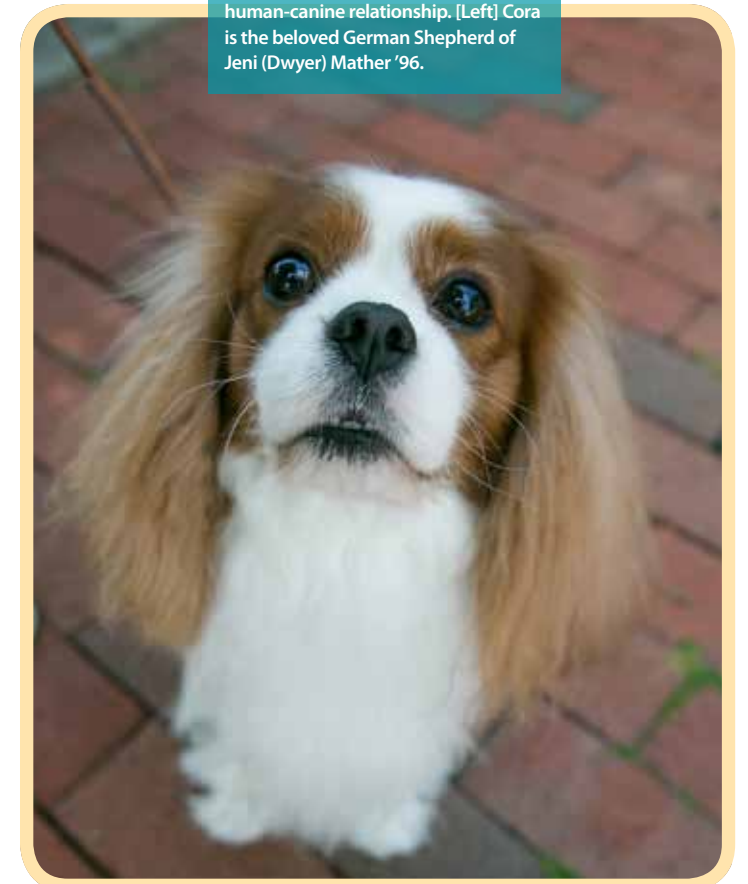
She still shows dogs and volunteers with her certified therapy dog. And now that she's a doctor, she notes, "My longtime Stonehill friends call me *dog-ter* Laliberte."

**THERAPY DOGS**

YOU'VE LIKELY HEARD OF, or perhaps felt the love of, therapy dogs—four-legged friends visiting hospital rooms, nursing homes, hospices and the like to brighten someone's day. For MARY BETH (BARKER) COONEY '73, a sociology major and dog lover long drawn to the world of nonprofits, pet therapy is a perfect fit.



**PET SMART** Tracie Laliberte '96 and her Cavalier King Charles Spaniel, Borys. Laliberte earned a doctorate degree with a dissertation on the human-canine relationship. [Left] Cora is the beloved German Shepherd of Jeni (Dwyer) Mather '96.





"I've always worked for nonprofits, been interested in natural forms of healing and loved animals," says Cooney, a former social worker, and now executive director of Creature Comfort Pet Therapy in Morris Plains, N.J. The company certifies pets as therapy animals and has 250, mostly dogs, who make 3,500 visits a year to hospitals, nursing homes, special needs schools, libraries, veterans' homes and more.

"I grew up with many different kinds of animals, so I knew how important the role of animals could be to health and healing," says Cooney.

Therapy dogs with their owners "go into situations where people are suffering from illness, grief, addiction, disability, mental illness, homelessness and abuse," she explains. "The special dogs who pass our certification test have calm temperaments, are comfortable with loud noises and medical equipment, happy with being hugged by people of different ages and genders. They love their job and get very excited when their owner takes out their therapy vest."

Cooney credits Stonehill with getting her into the nonprofit field. "A favorite professor was Professor Herb Wessling, head of the Sociology Department," she recalls. "I knew I wanted to help other people when I graduated, but I wasn't sure what that meant when I first got to college. His direction was very helpful in guiding me toward my goals."

While Cooney's own rescue Shih Tzu, Maggie, is too shy to become a therapy dog, Maggie's pup Coby—owned by Cooney's daughter, Cristin Cooney '98—"has made a wonderful therapy dog, visiting nursing homes, hospitals, corporations to de-stress staff, schools to help special needs kids and more," she says.

### GOLDEN DOGS

THE GOLDEN GIRLS RETIRED TO MIAMI—but where's a senior dog to go? That's what KRISTEN (MCMANUS) PERALTA '03 and her husband, Marc, realized shortly after adopting the elderly Maltese, Rue McLanahan—yup, named after Blanche from *The Golden Girls*.

The couple founded Vintage Pet Rescue in 2017. The Foster, R.I.-based nonprofit is a senior animal retirement/hospice home committed to rescuing senior—or "vintage"—pets and caring for them for their remaining days. They currently house 30 dogs, all over age 8, rescued from across the East Coast.

When Rue passed, "we adopted another senior in her memory, and we just started 'collecting' old dogs," says Peralta. "Technically all of the dogs at Vintage Pet Rescue are owned by us, so yes, I currently own 30 dogs! I know that sounds crazy, and it is crazy, but it's our life."

Every dog is unique, she notes, but Peralta is partial to Pugs, Pit Bulls, and, most recently, Chihuahuas. "We currently have seven Chihuahuas, and they're all so special."

What does she love most about working with senior dogs?

"I love seeing their personalities emerge. We take these dogs in as seniors, so you would think they would be pretty stuck in their ways, but we see new things every single day," Peralta says. "I love it when they find a best friend."



DOG DAYS [clockwise, top left] Mary Beth (Barker) Cooney '73 with Coby, a Shih Tzu and Poodle mix. ❖ Otto, the Chihuahua, belongs to Kristen (McManus) Peralta '03. ❖ Peralta runs Vintage Pet Rescue in R.I. ❖ Peralta's Pekingese, Eenie. ❖ Kerry Scott '74 with her Gordon Setters Mulligan and Healey. ❖ Jonathan Gagnon '03 and his mixed breed, Frankenstein.



MARY BETH (BARKER) COONEY '73 BY DAVID LANDAU • KRISTEN (MCMANUS) PERALTA '03, VINTAGE PET RESCUE BY NICKI PARDO • KERRY SCOTT '74 BY GABRIELLE MANNINO • JONATHAN GAGNON '03 BY JOANNE LEE



## THE HOLISTIC APPROACH

ANYONE WHO LIVED in the Sem remembers that long walk to campus. KERRY SCOTT '74 endured those hikes with two special friends, Dionysius and Apollo—Professor Bill Braun's German Shepherd and Malamute crosses.

"Those dogs were the best of company on trips to and from campus," says Scott, a lifelong dog lover who founded Good Dog Goods on Martha's Vineyard.

The specialty shop, in a Victorian cottage in Oak Bluffs, offers largely earth-friendly boutique supplies, goods and supplements—from milk thistle liver-support supplements, to doggy life jackets, to lighthouse or seashell-shaped pup treats.

Scott founded the shop 20 years ago out of her concern for the health issues dogs were facing. "It was my mission to advance their well-being by providing all things healthful and safe, and at the same time, to offer beautiful products that celebrate the human-canine bond," she says.

Scott lives with her two Gordon Setters, Mulligan and Healey. She fell in love with the breed after meeting her Stonehill roommate's Gordon, named Ivy.

"I missed Ivy so much after we graduated that I got my own Gordon as soon as I could," she recalls. "I ended up involved in the sport of dogs, showing, field trialing and breeding several litters over the years."

The shop has also raised money for Vineyard animal shelters and nonprofits, Scott says, adding that Stonehill helped solidify her sense of social responsibility and civic duty.

Her science courses, meanwhile, "inspired my lifelong interest in issues of health generally, and dogs' health in particular, learning to regard dogs as sentinels for the human population relative to matters of health."

## THE VET

"STONEHILL TAKES ALL OF THE CREDIT for my being in veterinary medicine," says Maine-based veterinarian JONATHAN GAGNON '03.

A biology major, Gagnon went on to receive his Veterinariae Medicinae Doctoris from the University of Pennsylvania's School of Veterinary Medicine in 2008. Now an associate veterinarian at Saco Veterinary Clinic and the Animal Hospital of Saco, Gagnon practices clinical medicine, surgery and dentistry, primarily on dogs and cats. He, his wife and son live with their adopted Pit Bull mixes, Frankenstein and Chloe.

"I credit Professor Maura Tyrrell, my advisor, for opening the door to be in the position I am now, because it would not have been on my radar otherwise," he says.

Gagnon recalls that he had always had an interest in zoology and animals though never actually had any pets growing up—except for a ferret—because of his brother's allergies. "Throughout most of my time at Stonehill, I didn't know exactly what direction my career would go," he says. "It was at Professor Tyrrell's recommendation to think about veterinary medicine."

In veterinary school, Gagnon referenced his notes from Professor Craig (Almeida) Kelley's immunology course. "It was a testament to his ability to explain complicated concepts."

## A RESORT FOR DOGS AND CATS ALL UNDER ONE "WOOF"

IT WAS JENI (DWYER) MATHER'S '96 childhood dream to work with dogs. As a biology major at Stonehill interested in veterinary science, Mather trained dogs for extra income. Then in 1998, she saw an opening in the business market.

"I'd read about doggy day cares in California, and I thought they were a good idea," she says. "A lot of people thought I was crazy to open one. But I saw a niche, and I just went for it. I bet on the fact that if we added services, we could be successful."

In 1998, Mather opened her dog training and PLAYtrain® doggy day care business. Today, located in Brockton, JM Pet Resort has added many services, including pet boarding, grooming, pet taxi, pet sitting, a premium retail store and a full-service veterinary clinic, JM Pet Vet, rounding out all services to offer 360° of Happy Health™ to her clients. Mather's company is in the midst of an expansion, adding a second story to the facility to better accommodate new and existing clients, including Mather's staff of 62 employees.

Mather is a certified level 2 master dog trainer and a veterinary technician, using the biology and parasitology she learned at Stonehill, particularly from Professor Maura Tyrrell's classes, to help run her business.

"Professor Tyrrell ran her classroom in an out-of-the-box fashion. She included field trips, encouraged discovery and promoted teamwork. All of those principles are applied in my current business," says Mather, who lives with her husband, three kids and their five dogs—Blueberry, Cora, King, Nicki and Sakari. "I felt like I could do anything I wanted to do. And that's the confidence Stonehill gave me."

## FOR THE DOGS

AN ECONOMICS MAJOR and lifelong dog lover, CHARLES MANEIKIS, III '09 developed his business plan for a dog-walking business as part of a Stonehill small business administration course.

Days after graduating, he opened The Modern Dog Boston in Dorchester. "Most people thought I was crazy for doing it, but it was a good way to transition out of college with the potential to grow into a legitimate business," Maneikis says.

Today, Modern Dog Boston offers much more than dog-walking. The shop aims to provide humans with a one-stop shop for all their canine needs—from play groups and walking to a DIY dog wash with shampoo and conditioner treatment, teeth cleaning and nail care.

"I love developing relationships with our clients and their dogs," says Maneikis, who lives in Dorchester with his wife, son and their Plott Hound named Georgia.

And he still maintains his Stonehill connections. "I stay in touch with my economics advisor, Professor Akira Motomura, whose daughter shadowed at the store for a day this past year to see what working with animals is all about."



CANINE CARE [Clockwise, top left] Jeni (Dwyer) Mather '96 is the president of JM Pet Resort in Brockton. ❖ Mather's Shih Tzu, Nicki. ❖ The Modern Dog Boston owner Charles Maneikis '09 with Mini Schnauzer, Mara. ❖ Mara gets a bath.



PHOTOS THIS PAGE BY NICKI PARDO





**OPEN FOR BUSINESS** The capital markets and trading lab [left] offers students a deeper understanding of financial markets and real-world experience. ❖ Associate Professor of Business Administration Alex Yen teaches in one of the flexible classrooms, where the tables and chairs can be moved to fit various teaching styles.

# A Pleasure Doing Business

*Leo J. Meehan School of Business Building Opens*

**BY MARTIN MCGOVERN**

**O** **PENED ON TIME** for the new academic year in August then dedicated in September with flair and style, the Leo J. Meehan School of Business building is the most ambitious capital project in Stonehill history.

The three-story Meehan building is very much an investment in the future. Costing \$35 million and comprising 63,450 square feet, it is designed to enhance our strong business programs with cutting-edge technologies and adaptive, modern classrooms and collaboration spaces. Located on the main quad, it is home to 34 faculty members in accounting, finance, international business, management, marketing, economics and healthcare administration.

“Everything we do at the College is focused on providing our students with rigorous, in-depth and high-impact learning experiences, and the Meehan building allows us to do just that but at a higher level. Among business faculty and students, there is so much excitement as we settle into our new home. Our task now is to get on with the job of preparing our students to become not only talented but also ethical business leaders,” says Dean of the Meehan School of Business Debra Salvucci.

With the opening of the Thomas and Donna May School of Arts & Sciences building last year and now the Meehan building, the quad is being transformed into a dynamic hub of academic, intellectual and social activity.

“With foresight, we are redefining and energizing the very heart of our campus. This is an inflection point in the College’s history, one that bodes well for us moving forward with care and confidence,” adds Salvucci.

In 2017, President and CEO of W.B. Mason Leo Meehan ’75 along with his W.B. Mason partners Steven Greene and John Greene pledged \$10 million in support of the building that bears Meehan’s name.





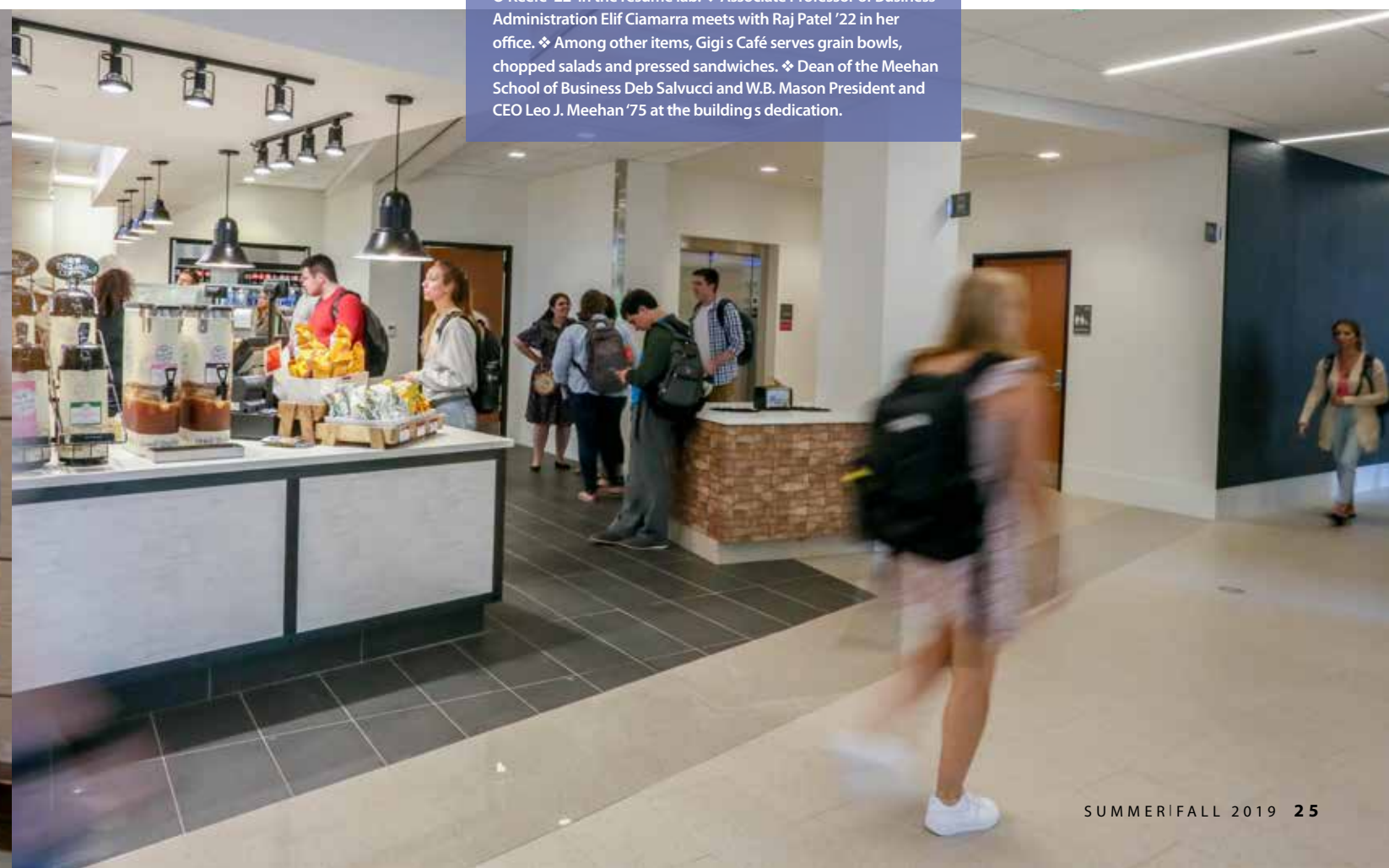
**A SPACE FOR FUTURE BUSINESS LEADERS** [clockwise top left] With its Georgian style, the Meehan building follows the College's architectural tradition. ❖ Omar Rodriguez, assistant director in the Career and Development Center, assists Siobhan O'Keefe '22 in the resume lab. ❖ Associate Professor of Business Administration Elif Ciamarra meets with Raj Patel '22 in her office. ❖ Among other items, Gigi's Café serves grain bowls, chopped salads and pressed sandwiches. ❖ Dean of the Meehan School of Business Deb Salvucci and W.B. Mason President and CEO Leo J. Meehan '75 at the building's dedication.

"This gift is a no-brainer. Stonehill is a great school for business. I know, I hire their graduates. They're very good," said Meehan, a member of the College's Board of Trustees, at the announcement.

Over the years, Meehan, W.B. Mason and Stonehill have developed a deep and lasting relationship. Meehan was the first Stonehill alumnus to work at W.B. Mason. In fact, he was the first college graduate the company ever hired. Today, W.B. Mason employs more than 120 Stonehill alumni.

"Without Leo's passionate support for Stonehill and his generosity towards the College, we would not be blessed with such an outstanding addition to the campus. The generosity of Leo, Steve and John, and the W.B. Mason Company means more to us than just a monetary gift. Representing great faith in us, their gift helps us to make a quantum leap in terms of our ability to be very successful going forward," says President John Denning, C.S.C.

That success comes from marrying a business education with experiential learning, leadership opportunities and a rigorous program in the liberal arts. "We do more than sharpen a student's business instincts," says Salvucci. "Our students learn how to think, act and lead with intelligence and compassion."





## Meehan Building Features

- ❖ The Meehan building comprises 300,000 pounds of mortar and 194,759 bricks.
- ❖ Modeled after the one at W.B. Mason's Brockton headquarters, the board room allows students to practice their presentation skills in an authentic setting.
- ❖ Gigi's Café is named after Leo Meehan's wife, Sara, whose nickname is Gigi.
- ❖ Multipurpose great room (lobby)
- ❖ Two 36-seat classrooms: one active learning and one traditional learning
- ❖ Seven 30-seat classrooms: one active learning and six traditional learning
- ❖ Forty-two faculty offices
- ❖ Two 18-seat seminar style classrooms
- ❖ Team-based learning hall with 124 tiered seats
- ❖ Capital markets/trading lab
- ❖ Thirty-two-seat Bloomberg classroom
- ❖ One-button recording studio
- ❖ Thirty-two-seat computer classroom
- ❖ Thirty-two-seat computer resource lab
- ❖ Two reading rooms
- ❖ Two conference rooms
- ❖ Five group study areas
- ❖ Collaboration zone



**HUB OF ACTIVITY** (clockwise top right) A class in the team-based learning hall with 124 tiered seats. ❖ The multipurpose great room (lobby) boasts comfortable seating and a 12-foot natural gas fireplace with a purple flame. ❖ Katrina Pacheco '22 uses the great room as a study spot.



## Alumni Community

### VOLUNTEER SPOTLIGHT

## A Volunteer Trajectory

STACIA SILVIA '08 (RIGHT) clearly remembers the first goals that she set upon achieving when she started at Stonehill. "I wanted to major in business and figure out how to make as much money as possible," she recalls.

Once Silvia began taking classes and joining activities, it didn't take long before she shifted her perspective. She became intrigued by the College's culture of community service and started to seek out volunteer opportunities.

In her sophomore year, she registered for a Learning Community, Through the Looking Glass, that included a community service component.

"This was the class that really changed my trajectory," Silvia says. After taking the

**"I love that my work helps people every day, and I absolutely thank Stonehill for moving me in this direction."** —Stacia Silvia '08

course, she signed up to volunteer at My Brother's Keeper, a ministry in Easton that helps to deliver furniture to those in need.

Silvia now works as the director of foundation relations and development operations at MAB Community Services in Brookline. MAB is a nonprofit organization that supports adults and adolescents with brain injuries, cognitive impairments and blindness or visual impairments.

"I believe that every person should be able to live a safe and happy life," she says.

"I am grateful to work at MAB, where we create ways for people to do just that."

Several years ago, Silvia visited Stonehill to speak to students about how a marketing or business degree can translate to nonprofit fundraising work. This visit helped her to reconnect to the College and realize the importance of her earliest volunteer experiences. She was happy, then, to accept a volunteer position on the Career Services Committee of the Alumni Council.

The Career Services Committee provides alumni with opportunities for networking and professional development. One of its biggest events is the Alumnae Summit, a half-day conference that focuses on empowerment for women in the workplace.

In 2019, the conference welcomed more than 80 alumnae to campus for its second year. "This event is a huge undertaking for a volunteer committee," notes Silvia. "We are grateful that so many alumnae are willing to donate their time to give presentations and speak on panels. I am inspired by everyone's commitment to making the Alumnae Summit a successful day."

The committee also has plans in the works to host more alumni networking opportunities and invite alumni to the new Meehan School of Business.

Silvia looks forward to continuing her pursuits in community service. "I love that my work helps people every day," she says. "And I absolutely thank Stonehill for moving me in this direction."

—Allyson Manchester '11

### Wondering how to get involved with an Alumni Council committee?

#### Stacia Silvia '08 tells you how.

**Who can join an Alumni Council committee?** Membership on both the Alumni Council and Council committees is open to all alumni. While Council members are elected or appointed, you do not need to be voted onto a Council committee.

**What is the time commitment for a Council committee?** Any time that you are able to give makes Stonehill and our alumni network even stronger. Our committee meets about once every six weeks and tries to host two or three events annually. We try to make it a manageable but impactful commitment.

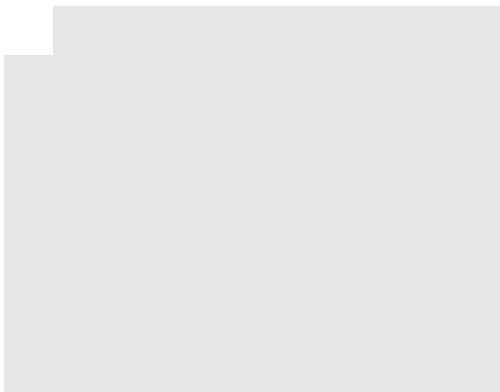
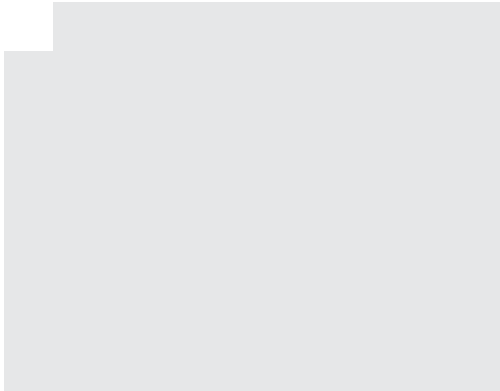
**What would I be doing on a committee?** We rely on each other to be idea generators, spread the word about events, attend events and greet our fellow alums.

**Are there ways to connect with current students as part of a committee?** If your passion is to work with students, you can sign up in the Mentor Database. Whether you can commit long term, short term or just for a one-time meeting with a student, you will have a tremendous impact.

**What if I do not want to commit just yet?** If you don't feel ready to join a committee formally, you can attend or volunteer for one of our events. This is a great way to get started.







## Reunion 2019

IN JUNE, more than 1,000 alumni celebrated their reunions with family, classmates and faculty. The event-packed weekend included class receptions, campus and new building tours, the Pillar Society induction, coffee with the president, oral history sessions, a barbecue, Masses and a Reunion Celebration dinner gala.

- 1 At their 20th reunion, members of the Class of 1999 remembered deceased classmates William Bryan, James Howard, Jason Lynch, Michael McCarthy, Matthew McDonough and Amiina Siryon Pfingstler.
- 2 President John Denning, C.S.C. chats with Shaila (Cavanaugh) Gentile '09 and Stephen McGunnigal '09 with his son, Marcus.
- 3 Lily, Charlotte and Kiki, children of Jennifer (Mitchell) '99 and Thomas '00 Higgins jump for joy.
- 4 Enjoying their 1979 class reception, Steven Thrasher, Barbara (Sememza) Welch, Susan (Marshall) Johnson-Ennis, Gregory Hagopian, Robert Ennis, Denise (Mauriello) Widman and Joannie (Ahearn) Walls.
- 5 1999 classmates, [clockwise, top left] Colleen (Creed) Farrell, Kim Makar, Cindy (Broullon) Bray and MaiLee Sweeney, at the Reunion Celebration.
- 6 Robert Marks '74 strolls campus with his wife, Mary Lou.
- 7 Jean-Francois Menard '64 and his wife, Mari Luz, pose in front of the SAM masthead.
- 8 Stonehill College Police Department Officer Michael Tepper serves ice cream to children of alumni.
- 9 Class of 2004 members celebrate their 15th reunion. [Back row, l-r]: Timothy Cusack, Elizabeth (Clancy) Lerner, Kevin Moynihan, Emily (Flowers) Gormley, Jacquelyn (Burbank) D'Andrea, Christina (Humphrey) Ferrucci, Matthew Rogers, [front row] Courtney Mulligan, Christopher O'Connell.
- 10 1974 classmates Deborah Singer, Margot (Mannix) Friedlander and Lucy Ann Smith catch up on campus.



BY THE NUMBERS:

## Back-to-School Backpack Project

IN AUGUST, alumni and their family members returned to campus to stuff backpacks for the 16th Annual Back-to-School Backpack Project. Kyle Gendreau '91, chief executive officer of Samsonite, donated 100 backpacks as did Diane (Cooper) Johnston '95 and her family and friends, including Andrea Souza '94. Alumni and staff donated additional backpacks as well as school essentials from crayons and glue sticks to pencils and notebooks. The filled backpacks were then distributed to area schools in need.

- ❖ 56 Alumni and Family Members Volunteered
- ❖ 300 Backpacks
- ❖ 1800 Pencils
- ❖ 300 Pencil Cases
- ❖ 600 Pens
- ❖ 300 Notebooks
- ❖ 300 Crayon Packs
- ❖ 300 Rulers
- ❖ 300 Glue Sticks
- ❖ 1200 Erasers
- ❖ 600 Folders
- ❖ 600 Miscellaneous Supplies



SUPPLYING SCHOOLS Diane (Cooper) Johnston '95 [left] and her mother-in-law, Millie Parks, fill backpacks with supplies for schools in need.

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## Class Notes

**1964 Lance Garth** retired after serving nearly two decades as a judge for the Commonwealth of Massachusetts. Prior to being appointed a judge, he worked many years as an assistant district attorney for Bristol County and was also appointed more than 10 times to be a special assistant district attorney for the Cape and Islands. Garth also had his own private law practice in New Bedford for many years.

**1966 Laurence Keating Jr.** was inducted into Seton Hall University's Athletics Hall of Fame. As the school's athletics director for 12 years from 1985-1997, Keating guided the program to 10 Big East titles and the championship game of the 1989 NCAA Division I Men's Final Four.

**1968 Kathleen (Mancuso) Regan** published her second book, *Unintended Consequences: A Mother's Memoir*, in March.

**1974 James Hayden** was appointed the interim head of school at Sacred Heart School in Kingston. He most recently served as the superintendent of Norwood Public Schools.

**1975 Brian Kelly** retired after 40 years working in the environmental field, of which 35 years he spent as a marine fisheries biologist with the Massachusetts Division of Marine Fisheries.

**1976 Robert Lehane Jr.**, a past president of the Ancient Order of Hibernians, was selected to be grand marshal of the 63<sup>rd</sup> St. Patrick's Day Parade in Newport, R.I.

**1978 Brian Tracy** is an accomplished poet with his work appearing in *The Wallace Stevens Journal*, *Plainsongs*, *California Quarterly*, *Depth Insights*, *Yogi Times* and more. He has authored three books of poetry and three critically acclaimed CDs of music and poetry.

**1979 Bryan Boulis** was named the president of Ocean State Innovations, a leading



BETH KURKOVA

## From Dance to Soccer

IF YOU had told him in high school that one day he would be the founding director of an elite soccer club, **Stan Hunter '61** would probably have laughed it off as crazy.

"I was not an athlete at all in high school," Hunter recalls. "I always liked music and dance, so I took a few ballroom dancing classes," he says. Ballroom dancing led to tap dancing and eventually writing and performing in musical

productions while at Stonehill.

Shortly after graduation, Hunter worked as a ballroom dance instructor for Fred Astaire Dance Studio. It was during that time that he met his wife, Sara, who was also an instructor.

They had four children, the youngest of whom developed a passion for soccer at an early age. "I went to his first practice, and the coach had to work late," remembers Hunter, so he stepped in for the coach, which then turned into a coaching position.

Eventually, Hunter started a soccer program at his local parish school. When the kids wanted more than to just play other schools, Hunter founded the Steel Town Magic Soccer Club in Pittsburgh. Thirty-three years later, the club is still going strong with over 200 athletes, 15 paid coaches and a director of coaching. The club has sent four teams to the national finals.

While at his son's graduation in 2016, Hunter visited the graduate school office to look into a program for himself. In 2017, he received a Master of Science in sports management from California University of Pennsylvania.

And, of course, he is still dancing—in fact, last year, Hunter performed on *LIVE with Kelly and Ryan*. Of his motivation, he says, "I guess that I got it from my parents; they were always active. I enjoy working with other people, kids especially. Also, the faculty at Stonehill set a great example of how to serve others."

textile solutions provider in Rhode Island. Boulis previously served as managing director at 1947 LLC in Portsmouth, R.I.

**1980 Thomas MacDonald Jr.** took part in book talks and signings in support of his fourth book, *Murder in the Charlestown Bricks*. He currently serves as the director of social ministries and director of The Harvest on Vine food pantry for St. Mary-St. Catherine of Siena Parish in Charlestown.

**1982 Stephen Chirokas** is the director of product and channel marketing for CallMiner, a SaaS-based customer engagement and speech analytics platform based in Fort Myers, Fla. ❖ **Cary Lynch** is the senior vice president and director of retail sales and support for Century Bank in Medford.

**1983 Suzanne (Ford) Fleming** was named the senior vice president for finance at Beam Therapeutics, a biotechnology company developing precision genetic medicines through base editing, in Cambridge. ❖ **Mary Joyce Waite** is the legal advertising supervisor for Gatehouse Media New England. Her poem, *Around every corner*, won an honorable mention in the West Roxbury Library's annual intergeneration poetry contest.

**1984 David Weston** was appointed as trust officer for Plimoth Investment Advisors, a portfolio management firm. Weston has worked in the trust and investment industry for over 25 years.

**1985 David Murphy** was named district director for Big Y Foods' central and eastern Massachusetts stores. Murphy has decades of experience in the supermarket industry, having worked for Roche Brothers Supermarket for 40 years. ❖ **Marisa Striano** founded Spirit's Promise Equine Rescue and Rehabilitation Program in Riverhead, N.Y. Spirit's Promise rescues horses who have been abused, neglected or unwanted and provides them with a new educational and recuperative purpose—assisting those suffering from addiction, grief, and life-altering health diagnoses.

**1986 Robert Rivers** gave the commencement address at Northern Essex Community College's 57<sup>th</sup> annual ceremony in May. Rivers is the chair and CEO of Eastern Bank and was named among the Top 10





## Second Mission

THE AGRICULTURAL town of Chacha sits atop a high plateau in Ethiopia. Although the climate is reliably cold, the locals exude warm hospitality. **Jean O'Loughlin '76**, who just returned from a two-year Peace Corps mission to Chacha, experienced the strength of this Ethiopian community firsthand.

"Ethiopians are very friendly and proud to share their culture," says O'Loughlin. While

working as ninth grade English teachers at a nearby school, O'Loughlin and her husband, Mike Walach, lived in a two-room house on a compound with their host family.

The lack of privacy was challenging at first, but O'Loughlin would not have given up the chance to fully integrate with the Ethiopians and learn about everyday life.

O'Loughlin's Peace Corps involvement began many years before her recent mission to Ethiopia. After earning her degree in French from Stonehill, she joined the Peace Corps as an English teacher in French-speaking Zaire (now the Democratic Republic of the Congo), where she met her husband.

O'Loughlin explains that technological developments played a huge role in making her latest Peace Corps mission a reality. "In Zaire, we had only mail. I spoke to my family once in two years," she recalls. "Today, cell service is widely available and affordable in Africa. Now that we have children and grandchildren at home, it was important for us to have a way to keep in touch with them."

Prior to her second mission, the couple lived in California, where O'Loughlin taught and managed ESL programs for immigrants in her community. She and Mike now plan to retire in New York, spend time with their family, and join the local returned Peace Corps volunteer association.

manager at the Worksite Wellness Council of Massachusetts (WWCMA), a nonprofit focused on providing strategies for workplace wellness. LaMonica owned and operated Blue Birch Wellness before joining WWCMA.

**1992 Tesha (Scolaro) Ballou** was appointed judge of the 18th Circuit Court by Florida Governor Ron DeSantis. She had previously served as general magistrate for Seminole County (Fla.) since 2015. ❖ **Matthew George** was named principal at the Boston-based office of Cresa, the world's largest occupier-focused commercial real estate firm. Prior to joining Cresa, he spent over eight years with Equity Office as vice president of leasing. ❖ **Jennifer (Porter) Macaulay** was named interim director of the MacPháidín Library at Stonehill. Macaulay has worked at Stonehill for the last 25 years, serving in a variety of roles in its library. ❖ **John Pestana** was named registrar at Emerson College in Boston, after serving as Stonehill's assistant dean and registrar for the past 13 years.

**1994 William Almond** is a project consultant at Solid State Construction in Concord. ❖ **Edward Cooley** signed a multiyear contract extension to remain the men's head basketball coach at Providence College. Cooley led the Friars to their first NCAA Tournament appearance in a decade during his third season as head coach in 2014.

**1995 Kristen (Miller) Bradley** was named the principal at Morris Street School in Danbury, Conn., after spending two years at the school as a language arts specialist. Prior to that she spent 20 years in education teaching across all elementary grades. ❖ **Jamal Gomes** has been named athletic director at his alma mater, Bishop Hendricken High School. Gomes was named the R.I. Gatorade Basketball Player of the Year as a student at Bishop Hendricken before having a successful career at Stonehill. He has worked at

Bishop Hendricken since 1998, serving as a physical education teacher, school counselor and men's head basketball coach.

**1996 Tracie Laliberte** received her Ph.D. in humanities from Salve Regina University in May. Her dissertation was titled "Digging the Dog: Archeology and Anthropology in Human-Canine Relationships and Encounters with the Sacred." [See "Must Love Dogs," p. 16.]

**1997 Kevin Salera** was named chief operating officer for the Fitchburg-based Arc of Opportunity, which works to provide full inclusion for people in the community with disabilities. Prior to joining Arc, Salera was chief operating officer for the Arc of Bristol County.

**1999 David Perry Jr.** is the executive director for Oregon FIRST Robotics in Beaverton, Ore. FIRST Robotics inspires young people to be science and technology leaders and innovators, by engaging them in exciting mentor-based programs that build science, engineering and technology skills. ❖ **Jacqueline (Collins) Prester** was named president of the board of directors of the Massachusetts Business Educators Association.

**2000 Rebekah Stafford** was inducted into the Salem High School Athletic Hall of Fame. A member of the class of 1996, she was a four-year soccer star who also excelled in gymnastics and spring track. She still holds the Witches' record in the hurdles and is tied for all-time best leap in the high jump. ❖ **Benjamin White** was named director of fitness and recreation at the University of Maine Farmington. He previously served as the director of intramural sports at Oregon State University, assistant director of recreational services at Bridgewater State University and director of recreation and aquatics at Brandeis University.

**2001 Matthew Nelson** was appointed chairman of the



## Field of Dreams

IN JULY 2019, **Derek Forrest '03** checked an item off his bucket list. A sports anchor for WEWS ABC News 5 in Cleveland, Forrest got to cover Major League Baseball's (MLB) All-Star Game. "Baseball, for me, is the one sport that I don't have to prepare for," says Forrest.

Originally from Brooklyn, N.Y., Forrest was a standout baseball player at New Hampton School in New Hampshire. He looked forward to

continuing his baseball career at Stonehill when his life took an abrupt turn.

"While trying out for the team freshman year, I found out that I was born with a bad shoulder and had to stop playing," recalls Forrest.

It was during this time that he uncovered a passion for sports reporting. "When I couldn't play baseball anymore, I switched over to working for the radio station and doing play-by-play," remembers Forrest. In addition to covering NE-10 events on WSHL, he also hosted a sports talk show. "I liked radio, so I decided to try television."

After Stonehill, Forrest landed a job at ESPN, first as a production assistant and then as a segment producer on the show *Cold Pizza*.

His four-year stint at ESPN led to his first on-air job at WYMT-TV in Hazard, Ky. While he was new to living in Kentucky, he didn't find the move too unfamiliar. "Spending my high school years in New Hampton actually prepared me quite well for Hazard, Ky. Both are mountain regions and, therefore, have similar terrain," he notes.

Now a seasoned sports anchor working in a top 20 market at WEWS, Forrest still has his eye on the ball—his dream job would be working for the MLB network. "It was never really about being on camera," he says. "It was about my love for baseball."

Massachusetts Department of Public Utilities. He most recently served as director of electric power and regional and federal affairs for the organization.

**2002 Alberio Medina Jr.** was inducted into the Northeast-10 Conference Hall of Fame. Medina was the first All-American in the history of the Stonehill baseball program, an honor he received his senior year. He played 195 games over his Stonehill career, recording school records of 282 hits and 48 home runs. ❖ **Robert Mezzanotte** was named principal of Lincoln High School in Rhode Island. He most recently served as principal of South Kingstown High School. ❖ **John Ventura** was promoted to deputy chief of police for the Wallingford Police Department in Connecticut.

**2003 Barton Centauro** was named general counsel at TalentBurst, Inc., an international leader in IT staffing, recruiting management and technical staffing services, in Natick. ❖ **Kristen (McManus) Peralta** launched Vintage Pet Rescue, a senior animal retirement home/hospice home, in Foster, R.I. [See "Must Love Dogs," p. 16.]

**2004 Jeanne (Lotti) Gray** was named chief people officer at Aura, a unified threat protection platform dedicated to simplifying digital security, in Burlington. Gray brings more than 15 years of experience in talent strategy acquisition and career development to Aura. ❖ **Kevin Semelrath** is an emergency physician at the

University of Maryland School of Medicine in Baltimore, Md.

**2007 Jennifer (Nicoloro) SantaBarbara** earned a Ph.D. in social and health psychology from Stony Brook University, in New York.

**2008 Sara (Rayworth) Allegretti** is a tinkergarten teacher in Franklin. Tinkergarten is an outdoor play-based class for children, ages 6 months to 8 years, and their caregivers. ❖ **David Wasserman** has published his second poetry collection, *Dealing: Tarot Poems and Pictures*, which is inspired by the Tarot and features illustrations by *Project Runway's* Helen Castillo.

**2009 Mary Latham** and her More Good journey—where she

Most Influential People in Boston by *Boston Magazine*. He also received the Stonehill President's Award for Excellence from President John Denning, C.S.C. at the President's Dinner in May.

**1987 Nancy (Papagno) Crimmin** was inaugurated as Becker College's 11<sup>th</sup> president in April, becoming the college's first female president. She had served as Becker's senior vice president and chief academic and student affairs officer. ❖ **Robert Gallotto** was appointed president and CEO at Synspira Therapeutics, a clinical-stage biopharmaceutical company dedicated to improving the lives of people with cystic fibrosis and other rare diseases. He also has joined the company's board of directors.

**1988 Mary Courtney-O'Sullivan** was named the chief financial officer and chief compliance officer at Palladin Consumer Retail Partners in Boston. Most recently, she served as the vice president of finance and assistant treasurer at Advent International. ❖ **Ralph Dangelmaier Jr.** is the CEO of BlueSnap, an online payments technology company based in Boston. The company received the 2019 FinTech Breakthrough Award for Best B2B Payments Company.

**1989 Patrick Boen**, the head baseball coach at Stonehill, volunteered with his wife, **Michele (Merullo) Boen '90**, at the first annual Boston Frogman Swim Series in support of his former

baseball player and Navy SEAL **Blake Marston '07**. Marston died in 2015 in a military training accident. The Frogman Swim Series, which features a 5K swim, raises money for the Navy SEAL Foundation.

**1990 Carlos Miranda** is the general manager at Skretting, the food division of multinational Nutreco, a global leader in animal nutrition and aquafeed. ❖ **Jeffrey Reilly** was named chief sales officer at Rogers & Gray Insurance headquarters in Dennis. He previously served as president at Symmons, a commercial and residential plumbing product manufacturer, in Braintree.

**1991 Teresa (Duggan) LaMonica** was named the operations and communications





MELISSA WARDNEY

## The Country Scene

WITH HER DOG and horse in tow, **April Renzella '14** left her Topsfield home and headed to Nashville, Tenn., a year after her Stonehill graduation. "It was a scene right out of a country song," she says. Fitting, since she went there to help launch her country music career. Renzella grew up singing—at 5, she sang "Somewhere Over the Rainbow" on stage, by seventh grade she was taking voice lessons, and

by high school, she knew she wanted to sing professionally. An avid equestrian, she spent most of her childhood in barns, where country radio was always playing. This early influence and artists like Shania Twain, the Dixie Chicks and Kacey Musgraves have informed her own unique sound.

While in Nashville, Renzella worked as a personal assistant to a music industry professional, which helped her connect with songwriters as well as music video producers and publishers. When her horse died, Renzella, feeling emotionally drained, was ready to move back home. "I knew I could keep the connections I made in Nashville and further the career I had started here in New England."

At least once a week, Renzella performs with her guitarist Eric Giribaldi all over the North Shore and New Hampshire at breweries, vineyards, restaurants and private events. She was featured as Country 102.5's Catch of the Week, was profiled in the *Boston Globe* and has twice won a national songwriters award.

When she's not performing, Renzella works in marketing at Ocular Therapeutix, where she uses her Stonehill mediated communication major and journalism minor. "Storytelling and connecting with different audiences are what matter most to me. I like to be able to take all of my experiences—in school, in my work, in my music—and use this to relate to people."

is visiting all 50 states to collect stories of human kindness to include in a book she will donate to hospital waiting rooms—were recently covered in the *Washington Post* and on the *Today* show. ♦ **Michael Murteira** is an information security officer at Walpole Co-operative Bank.

**2011 Ryan Diamond** was promoted to assistant vice president and commercial credit manager at Salisbury Bancorp in Connecticut. He has worked for Salisbury Bancorp for nine years and has served as the commercial credit manager for the last two years.

**2012 Nathan Illsley** wrote the screenplay for the film *Acts*

of *Desperation*, which is currently available on Amazon and iTunes. The film has won numerous awards, including the Best Feature Audience Award at the Riverside International Film Festival, Best Ensemble Cast at the Grove Film Festival and Culver City Film Festival, and the Award of Excellence from the Accolade Global Film Competition.

♦ **Nicholas Kolenda** published his second book, *The Tangled Mind*, in May in addition to launching an online academy of courses focused on methods of persuasion. ♦ **Jake Marcus** was named the Rising Community Leader for the Crohn's and Colitis Foundation Young Professionals of New England for his philanthropic efforts with Team Intestinal Fortitude. Launched

by Marcus in 2010, the team has raised over \$1 million.

**2013 Dana Borges** was promoted to first assistant coach for the Colgate men's hockey team in Hamilton, N.Y. ♦ **Rex Macapinlac** was promoted to marketing officer at Bay State Savings Bank based in Worcester. He joined the bank in 2017 as a marketing assistant. ♦ **Lauren O'Halloran** was named an assistant director of undergraduate admissions at Boston University after serving as assistant director of alumni affairs at Stonehill. ♦ **Danielle White** is a teaching fellow at Teach Western Mass.

**2014 Katherine Sorresso** graduated from the Pratt Institute's School of Information with a

master's in library and information science and a certificate in archives. She was hired as an archives assistant at the Frick Art Reference Library. ♦ **Katherine Stiles** is a physician at Brown University in its department of neurology.

**2015 Alaina Smith-Dahlquist** is an associate for the Pew Charitable Trusts in Washington, D.C. ♦ **Gwendolyn Nale** is an attorney in Austin, Texas. ♦ **Casey Shannon** was chosen as a student speaker for the University of Massachusetts-Dartmouth's Law School Commencement ceremony. ♦ **John "JD" Wolfsberg** joined Centerpoint Advisors in Needham as an assistant portfolio manager. Last year, he received the chartered financial analyst designation after successfully passing all three levels of the exam.

**2016 Ryan Hollis** earned his doctorate of physical therapy from Seton Hall University. He is currently employed at SportsMed Physical Therapy in Glen Rock, N.J. ♦ **Caroline Lambert** earned her law degree from Boston University School of Law, graduating cum laude. She began working as an associate at Sullivan & Worcester, LLP in Boston in October 2019.

**2017 Shea Healy** joined Stonehill's major gifts and gift planning team as an advancement officer. She previously worked as a development associate and coordinator at Brigham & Women's Hospital in Boston. ♦ **Erik Journet** was sworn in as a patrol officer for the Yarmouth Police Department. ♦ **Ryan Logan**, who is in his third season of professional basketball in Europe, signed with Paderborn in the German Pro A League. ♦ **Andrea Mancuso** was accepted into the Peace Corps and is currently stationed in Sierra Leone, in West Africa where she is training as a health volunteer.

**2018 Daniel Lavigne** is a writer for *The Armenian Weekly*. ♦ **Damien Montague** is a police officer for the United States Capitol Police in Washington, D.C.



IT'S THE SEASON Football season, that is. This 1975 throwback photo of Stonehill's football team shows them in action. For more on the current season, visit [stonehillskyhawks.com](http://stonehillskyhawks.com).

## REUNION 2020

May 29th–31st

CLASSES OF  
1970, '75, '80, '85, '90, '95,  
2000, '05, '10, '15  
AND THE PILLAR SOCIETY.

If you'd like to join the Reunion Committee for your class, please contact the Alumni Affairs Office at [alumni@stonehill.edu](mailto:alumni@stonehill.edu) or 508-565-1343.



## NOTEPAD

**Charitable Rollover** Direct IRA gifts to Stonehill are an easy, convenient way to make a gift from your major assets. They are excluded from your gross income (a tax-free rollover) and count toward your required minimum distribution. For your gift to qualify for benefits, you must be 70 ½ or older at the time of the gift, the transfer must go directly from your IRA to Stonehill, total IRA gift(s) cannot exceed \$100,000 and the gift must be outright. For more information, call Sharon Doyle at 508-565-1344 or email [sdoyle@stonehill.edu](mailto:sdoyle@stonehill.edu).

**Sign Up for the Monday Morning Update** Receive the *Monday Morning Update*, Stonehill's weekly news email. Sign up by sending an email to [mmcgovern@stonehill.edu](mailto:mmcgovern@stonehill.edu), type MMU in the subject line and include your name in the message.

**Purple Door Business Network** The Alumni Association's Purple Door Network is your best resource for finding businesses owned and operated by alumni. With more than 26,000 living graduates, Stonehill has alumni in nearly every industry. Listing a business in the network is available to all alumni. Visit [stonehillalumni.org](http://stonehillalumni.org) to find or list a business.

**Become Educators in the Faith** The Congregation of Holy Cross Priests and Brothers is an international community dedicated to educational, pastoral and social ministries. For vocations, contact Rev. Tim Mouton, C.S.C. at 574-631-6385 or at [tmouton@holycrossusa.org](mailto:tmouton@holycrossusa.org). Visit [holycrossvocations.org](http://holycrossvocations.org).

## UPCOMING EVENTS

### November

- 21 Monthly Mass for Alumni Intentions
- 24 Mass of Thanksgiving
- 24 Volunteer Appreciation Dinner

### December

- 3 Washington, D.C., Christmas Reception
- 4 New York Christmas Reception
- 6 Gift Wrap Party
- 7 Children's Christmas Concert
- 7 Century Club Celebration
- 10 Rhode Island Christmas Reception
- 15 Cape Cod Mass and Brunch





## Weddings

- Kevin Semelrath '04** to Jack Jacobson, 12/8/18
- Ellen Kennedy '09** to Greg Paal, 5/10/19
- Brian Guerrini '10** to Kaylie Jacinto '12, 9/21/18
- Mary Gannon '10** to Andrew McGloine, 6/22/19
- Elizabeth Duggan '10** to Nicholas Milano, 12/31/18
- Katherine Raunig '11** to Nick Tymeck, 11/3/18
- Jacqueline Genovese '12** to Justin Bova, 6/16/18
- Jennifer Rotondi '13** to Justin Cerra, 9/15/18
- Colin Prior '13** to Meaghan Olin '14, 7/28/18
- Vanessa Gilbert '14** to Douglas Goebel, 10/6/18
- Molly Taylor '14** to Nicholas Presentato '14, 5/17/19
- Melanie Ogle '15** to Christopher Boudreau, 4/6/19
- Kayleigh McDonnell '15** to Scott Davenport, 9/8/18
- Victoria Verrier '15** to David McMorrow, 5/12/17
- Danielle Miaszsek '17** to Matthew Ustas '17, 6/8/19

## Weddings Pictured

1. **Elizabeth McLaughlin '10** and **Jeffrey Hogue '10**, 10/6/18
2. **Jonathan Camacho '06** and **Adriana Quinones-Garcia**, 3/9/19
3. **Kymberly Knoph '14** and **Brian Fioretti**, 5/4/19
4. **Kelsey Shannahan '14** and **Michael Surprenant '14**, 11/10/18
5. **Lindsey Booth '11** and **Stephen Polito '12**, 9/14/18
6. **Bethany McNamara '16** and **Joseph Welch '16**, 6/22/19
7. **Kimberly Cole '09** and **Curtis Sellon**, 9/22/18
8. **Megan Palomba '13** and **Michael Zeiner '13**, 12/29/18
9. **Catherine Kelly '14** and **William Karalis '14**, 5/25/19



## Babies

**Jaime (Elliott) '04** and Henry **Chan**, Nashua, N.H., daughter, Anna K., 2/12/18

**Caitlin (Kennedy) '07** and Peter **Woods**, Rockville Centre, N.Y., son, Ryan Cillian, 10/30/18

**Kyle '08** and Deming **Schulberg**, Fort Lauderdale, Fla., son, Hugh Garret, 10/13/17

**Scott '09** and Regina **Connolly**, Warwick, R.I., daughter, Marlowe Jean, 3/27/19

**Laura (Byron) '09** and Nicholas **Ferrari**, Acton, son, Declan Francis, 5/16/19

**Rebecca (Honohan) '09** and Scott **Souza**, Fall River, daughter, Quinn, 7/27/18

**Ashleigh (Simpson) '09** and Paul **Walsh**, Attleboro, daughter, Phoebe Matilda, 9/25/18

**Erin (Casey) '10** and Vijay **DaCosta**, Hamden, Conn., daughter, Esmie Jean, 6/23/19

**Courtney (Skelly) '10** and Stephen **Napolitano**, Plymouth, daughter, Brianna Leigh, 5/21/19

### Babies Pictured

1. Audrey Jean, 3/19/19, **Katherine (McCoy) '10** and **Benjamin '10 Alber**
2. Crew Daniel, 10/12/18, **Jenna (Walsh) '08** and **Daniel Roman**
3. Fiona Byrd, 1/12/19, **Cara Cesario '01** and Lawrence Tardibono
4. Nico Hector, 8/1/19, **Jonathan Camacho '06** and Adriana Quinones-Garcia
5. Jack Richard, 1/18/19, **Kate Pelletier '04** and Eric Elmore
6. Meilani Dalia, 1/23/19, **Amanda (Dalia) '05** and Max **Hazeltine**
7. Oliver Edward, 3/1/19, **Jacqueline (Ladino) '10** and **Benjamin '10 Irzyk**
8. Hannah Elizabeth, 9/22/18, **Derek '12** and **Abby (Arcadipane) '12 Marchand**
9. Harper Frances, Claire Elizabeth and Louella Mae, 4/13/18, **Peter '96** and Elizabeth **Cargill**
10. Rose Elia, 8/30/18, **Laura (Ingalls) '05** and Jonathan **Muollo**



## Obituaries

**John Cotter '52** of Marshfield died April 22. He is survived by many nieces and nephews.

**Oliva Beaulieu '53** of Nashua, N.H., died February 4. He is survived by his wife, Clare, five children, nine grandchildren and his brother.

**Robert Reagan, Sr. '54** of East Bridgewater died February 8. He is survived by his wife, Suzanne, his son, five grandchildren, one great-grandchild and his brother.

**Marion (Harris) Bergeron '55** of South Easton died June 11. She is survived by her four children, four grandchildren, four great-grandchildren and a brother.

**Robert Matson '57** of Holbrook died February 12. He is survived by his wife, Ruth, three children, including Robert Jr. '80, seven grandchildren, including Katelyn Long '18, and four great-grandchildren.

**William Shillue '57** of Arivaca, Ariz., died March 5. He is survived by his wife, Rosemary (Corrigan) '59, five children and six grandchildren.

**Sheila (Maloney) Hoye '58** of North Attleboro died May 1. She is survived by her husband, Vincent '58, two daughters, six grandchildren, four siblings, including Eileen Leary '55, Timothy Maloney '59, Nora Roche '60, and many nieces and nephews, including Carolyn Hoye '18 and Robert Hoye '21.

**David Constantine '59** of New Bedford died June 27. He is survived by his wife, Claire, 11 children, 11 grandchildren, two sisters, brother-in-law, James Fay '57, and many nieces and nephews, including Michael Constantine '82 and his wife, Claire (Sullivan) '83.

**Louis Mello '59** of Sykesville, Md., died June 8. He is survived by his sister, five children, 11 grandchildren and three great-grandchildren.

**Diane (Deltano) O'Leary '59** of Stoughton died March 27. She is survived by her husband, Paul, two children, three grandchildren and two sisters.

### Wait, There's More to See!

**WANT TO SEE MORE** photos of your classmates getting married or of their little bundles of joy? You now can by visiting SAM online at [stonehill.edu/alumni-magazine](http://stonehill.edu/alumni-magazine).

**Want to submit a wedding or baby photo?** Here's how: Visit [stonehill.edu/alumni/keep-in-touch](http://stonehill.edu/alumni/keep-in-touch) and complete the form and photo upload.

To be considered for publication, upload digital photos in .jpeg format, at least 2 MB in size. The person submitting the photo must be part of the wedded couple or parent of the baby and a Stonehill graduate. Because of space constraints, not all photos submitted will be included in the print version of the magazine, but those meeting the specified requirements will be included in SAM online.



## Alumni Community

**Richard O'Neil '59** of Braintree died January 11. He is survived by his wife, Maureen, three granddaughters, and three siblings, including his brother Robert '58.

**William MacPhee '62** of Whitman died June 1. He is survived by three children, six grandchildren and a brother.

**Joseph Niemi '63** of West Barnstable died June 21. He is survived by his wife, Mary Ann, three brothers, including Albert Jr. '64 and Kevin '72, four stepchildren, 11 grandchildren and five great-grandchildren.

**Donald Hines '65** of Pensacola, Fla., died July 20. He is survived by his wife, Susan, and two stepsons.

**Eileen (Beach) Macedo '65** of Hingham died October 24, 2018. She is survived by her husband, James, three children and three grandchildren.

**Francis Aprea '66** of Plymouth died April 5. He is survived by his wife, Patricia Brennan, two children, four brothers and two grandchildren.

**Rev. Joseph Callahan, C.S.C. '66** of Easton died April 21. He is survived by his sister.

**Joseph Milone '66** of Rockville Centre, N.Y., died December 26, 2018. He is survived by his wife, Florence, four children, one grandchild, his mother and his sister.

**Kathleen (O'Brien) Powers '68** of Needham died March 22. She is survived by two sons.

**Ronald D'Amore '69** of Winthrop died June 26, 2018. He is survived by his wife, Sandra.

**George Baribeault '70** of Stanford, Ky., died May 15. He is survived by his wife, Catherine, one sister, two sons, four grandchildren and cousins, including Fred Solari '65 and Lee Towle '57.

**Brian Marcotte '71** of Berwick, Maine, died on February 7. He is survived by his mother and a sister.

**Leo Sheehan '73** of Abington died July 26. He is survived by his wife, Karen, his son, two grandchildren and two sisters.

**James Boone '74** of South Easton died on January 30. He is survived by five children and three grandchildren.

**Jane (Ringuette) Young '74** of Mansfield died March 25. She is survived by her husband, Barry, three sons, two grandsons and three siblings.

**Gail (Mascolo) Robbins Stankiewicz '76** of Brattleboro, Vt., died June 6. She is survived by her husband, Michael, three children, three siblings, eight grandchildren and two great-grandchildren.

**Maribeth (Mead) Lincoln '77** of Sussex died February 23. She is survived by her husband, Robert, two children and two stepsiblings.

**William Johnson '78** of Marshfield died July 4. He is survived by his partner, Karen, and three brothers, including Stephen '80 and Timothy '83.

**John Purcell '81** of Atlanta, Ga., died March 11. He is survived by his mother and two siblings.

**Maureen Wall '81** of Reading died April 28. She is survived by a brother.

**Thomas Nadeau '83** of Canton died May 16. He is survived by his wife, Elizabeth, five children and a brother.

**Johanna (Morris) Brennan '84** of Darien, Conn., died February 12. She is survived by her husband, Martin, her parents, two children and her sister.

**Paul Daly '84** of North Weymouth died July 20. He is survived by his father, stepmother and three sisters.

**Joan (Kenyon) Medeiros '87** of Rehoboth died April 21. She is survived by her brother, five children, eight grandchildren and five great-grandchildren.

**Mary Meaden '92** of Easton died April 27. She is survived by her daughter, four sisters and her stepfather.

**Christopher Roderick '95** of East Falmouth died May 8. He is survived by his parents, his brother and his girlfriend.

**Brian Trudel '95** of Lynnfield died April 3. He is survived by his wife, Ellen, three children, his parents, and sister.

## College Obits

**Rev. Foster Burbank, C.S.C. '57** died in June. From 1973 to 1977, he served as an assistant dean of students and assistant to the president. He returned to Stonehill in 1989 and served in the Conferences and Events Office for a decade.

**Deborah Winkler**, a sign language interpreter in the Accessibility Resources Office, died in July.







## Made Men

BY STEPHEN BURKE '80 ❖ In the fall of 1976, my freshman year, Stonehill's ethos was the Making of a Person. I don't believe this initiative was intended to culminate in four years with the word "person" stamped on your diploma, but rather, serve as guiding principles that would, and did, sustain us throughout our lives. For over 40 years, I'd like to think that I've inched closer to attaining personhood status, but not without a little, actually quite a lot, of help from my Stonehill friends.

My closest Stonehill friendships formed in Nantucket House during my junior year through the randomness of college housing assignments. Some of us knew each other better than others from O'Hara Hall, but 10 guys would soon become one. We were business, poli sci, criminal justice and psych majors, and we played hockey, basketball and football; no baseball players, they lived next door in Manchester House.

Now it must be pointed out that in those days town house living was maybe one step above camping. And with very limited campus recreation facilities—except Brother Mike's Coffee House, where coffee was not actually

an option—we had to make our own entertainment.

After spending the previous evening not consuming coffee at Brother Mike's, I recall the housekeeping staff arriving one morning at the ungodly

hour of 8 a.m. and hearing a shrill, loud voice say, "Gerda come quick, look, they've nailed a sneaker, chair, newspaper and a toothbrush to the wall!" "Oh my, Hilda, look over there, good Lord, our vacuum cleaner!"

We've now been graduates, groomsmen, grooms, godfathers and grandfathers. Our lives have taken us in different directions, but a constant has been that powerful friendship formed in Nantucket House.

It seems impossible, yet completely predictable that those young, fun-loving students would, 40 years later, be meeting in Florida for their 10th biannual golf vacation in the spring of 2019. Our plush Tampa course a far cry from our golf outings on the campus quad with underclassman serving as our caddies.

Someone once suggested that we should make this an annual trip, but we quickly realized that, even if we did survive consecutive years, our wives would probably band together in some anti-Nantucket House plot that would put an end to that. Sadly, our 10 is now nine, and our golf outing has become a memorial tournament—The Wilber Cup, in honor of our housemate Bill Wholley '81.

Other colleges endear such friendships through shared experiences, but I think what's uniquely Stonehill is not only those unforgettable times we spent together, but also the unspoken guiding principles that embodied the Making of a Person mantra—humility, selflessness, compassion, devotion, loyalty, and yes, light and hope (*lux et spes*). It is the full Stonehill experience that has allowed us to forge such powerful bonds that, despite the inevitable passing of friends, will never die.

*Stephen Burke '80 lives in North Grafton with his wife and three daughters and is vice president of human resources for Akouos Inc. He enjoys writing and has had short stories published in the Boston Globe Magazine.*

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**SHARE YOUR STORY.** Submit your 500-word essay about your Stonehill thoughts and memories to [klawrence@stonehill.edu](mailto:klawrence@stonehill.edu).



LUX ET SPES



## STONEHILL COLLEGE

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**PUPPY LOVE** Turn to page 16 to meet seven dog-loving alumni who work with canines each day. Here, Tracie Laliberte '96 with her Cavalier King Charles Spaniel, Borys.

